

MILVEST INSIGHTS

"MANAGEMENT ESSENTIALS"

JUNE 2024

VOLUME 1

ISSUE 2

**WORLD ENVIRONMENT
DAY**

**CONCLUDED FINANCE
MODULE**

HAPPY FATHER'S DAY

RUNNING HR MODULE

**LINKEDIN VISIT
IN JULY**



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The primary aim of this magazine is to provide a platform for expression, discussion, and the exchange of ideas among the participants of Project Deepak. We believe in fostering a community where diverse viewpoints can be shared and respected. However, the Sambhav Kadam Foundation and MILVEST do not endorse, support, or verify the accuracy or reliability of the information provided in these articles. Readers are encouraged to critically evaluate the content and form their own opinions.

We would like to extend our heartfelt gratitude to all the contributors for their hard work, dedication, and intellectual input that have made this magazine possible. Their efforts in researching, writing, and presenting these articles are commendable and greatly appreciated.

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Thank you for your understanding and cooperation.

TADLE

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EDITOR'S SPACE

BY- SANDHYA SINGH & SHRUTI KAPOOR

“*Publishers, editors, agents all have one thing in common, aside from their love of cocktail parties. It's an incredible taste and an ability to find and nurture authors.*”

JOHN HODGMAN

Dear Readers,

As the **second issue of 'MILVEST Insights' magazine is ready to roll out**, let us introduce you to the various hues enveloped in this creative piece of passion. In May 2024, we launched our first issue with keeping the color yellow in prime focus, marking the auspiciousness as per Indian Vedic tradition. This vibrant color reflected the **'Spirit of MILVEST'** within each one of us, from the attire of the participants on launch day to their fertile minds brimming with creativity, to the pages of MILVEST Insights magazine and the richness showcased in all of us.

'MILVEST Insights' is thriving! This platform has become a hub for creativity, ideas, thought-provoking discussions, and articulate presentations. Our successful launch was a testament to the hard work and dedication of our team and contributors from the military community, including Shaurya, Tejaswini, Karamvir, Kutumb and Vande-Veer Naaris. Even our esteemed professor contributed with a Hindi poem that touched our hearts when she recited it at the live launch.

This month, we're embracing the color green, representing prosperity, tranquility, and peace. We celebrated World Environment Day and are delighted to feature contributions from our participants. This issue includes entries for Father's Day and a write-up on the Summer Solstice. Additionally, we had the pleasure of organizing a virtual Yoga Mela on June 21, 2024, in celebration of the 10th International Yoga Day, where participants from across the country shared their poses and pictures. We've included a picture collage of this event for you to enjoy.

We're excited to bring you the sequel to the inspiring stories from the Siachen glaciers, along with some delightful surprises from the SOM and SSOM caricatures. The Love and Hate stories will have you laughing, while the Impact stories are sure to touch your heart. Don't miss our excellent Tips and Advice section, and be sure to check out the Featured Article, which promises to be one of the most intriguing pieces of this issue, offering insights on life's challenges and how to tackle them.

We hope you enjoy reading and exploring each page with love and affection. Our dedicated team works tirelessly to bring you these exclusive pages to enrich your experience during the "Management Essentials" program.

In the words of Leonardo da Vinci, **"Learning never exhausts the mind."**
So keep learning, exploring, and writing!

I'm



SPIRIT OF MILVEST

I bring to you some

Love
Story

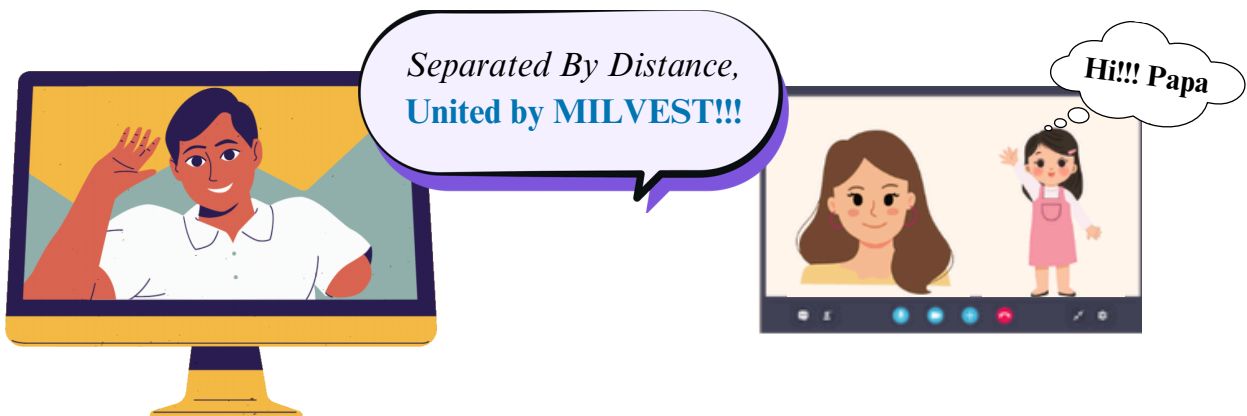
HATE
Stories

SoM LOVE STORY

He is an engrossed participant, providing very useful contributions on chat every session; was even remarked by the faculty and She is a cheerful josh box, being a panelist session after session, adding value, contributing very constructively even to the back-end load.

SoM interacted with them individually, to later discover that they are a married couple, geographically separated. While they learn in the sessions, it is also a means to re-connect for them. The most innovative bye product was also when their young daughter makes a quick appearance to say **Hi to her Papa**.

There are many other couples, and families that study together learning Management and validating MILVEST.



She has just got commissioned in Armed Forces, just a year back, would have at least 5, 10, 15 or more years, to release from Military service. He is a Navy sailor with only 6 years of service, and atleast 9 more years before release. They are learning with us in the Management Essentials course. We appreciate that they understand the need to arm ourselves with knowledge and skill sets to perform, as a Professional in Military, a good example of continuous learning. They will add tremendous value to their workspace, to their team and organization in Navy, for sure...

We appreciate their spirit to be a better professional soldier.

Love



And as we have many such SoM Love stories therefore it is to be continued...



HATE STORY



I hate MILVEST because it has consumed all free evenings, yet it persistently teaches various management topics, some familiar and some completely new, creating a whirlwind of abstract thoughts. Despite the confusion, it sparks a deeper learning process fueled by the shared experiences and ideas of others. The time once spent on WhatsApp or TV has significantly decreased, but this sacrifice has led to a more productive use of time. **MILVEST has managed to transform idle moments into opportunities for intellectual engagement and growth**, even in far-flung remote areas. This paradoxical blend of frustration and appreciation underscores the unique and challenging journey of continuous learning and self-improvement that MILVEST fosters.

I hate MILVEST because it's making me work, pulling me out of the comfort of my military life and exposing me to a world beyond my familiar surroundings. The lessons are filled with boring terminologies that are foreign to someone like me, who has always been shielded within the walls of defense establishments. Despite this, **the tutors and mentors at MILVEST are so dedicated and put in so much effort that it becomes impossible to ignore their commitment, compelling me to attend the classes**, and I hate this persistence. Additionally, the meticulously structured program, with its recorded lessons, pre/post readings, and compulsory assignments, forces me to grapple with these foreign, almost alien, concepts. I find myself struggling to understand what feels like French or Roman terminologies, and I really hate this rigorous process. Yet, amidst this frustration, I can't help but recognize the **push towards growth and learning that MILVEST provides, challenging me to expand my horizons and step out of my comfort zone**. This paradoxical relationship of hate intertwined with a reluctant appreciation highlights the transformative impact MILVEST has on my journey of personal and intellectual development.

Team MILVEST Insights

SSOM

(SIMPLE SEEDHA OUTPERFORMING MEMBER)



At 05:00 pm, Invite sent to 07 people for shortlisting candidate for LinkedIn 'Train the trainer' Program.

All to join the session at 07:00 pm with a 10 minutes presentation.

(Thinking) – May be 5 out of 7 might turn up. I will finalise those who turn up.



At 07:00 pm, Meeting time



Aah all 07 are here. After all participants' presentation reveals that 05 need to be shortlisted.

****The criteria for shortlisting was that whoever turns up will be "in". Didn't think that all 7 would turn up at such a short notice.**



SSOM



Sir, Hum Hanuman Ji hai. Seena cheer ke dikha denge ki aap humaare dil me ho.

Aap bulaaye aur hum na aaye, aisa ho hi nahi sakta.



MAKING OF MILVEST INSIGHTS

The Editorial Board Meeting



SSOM

Now onwards, it is proposed to call out Newsletter as a magazine as we have been following the format and the depth and width of content as that of a magazine.



Newsletter is a much short document and not so elaborate. So, it will be a MILVEST Insights magazine.

Everyone Agrees to call it a magazine

SSOM

Now, this moment onwards the nomenclature has been changed from Newsletter to Magazine. All to refer it to as a “Magazine”



SPIRIT OF MILVEST



By default completely immersed into the talk
This Newsletter needs to bring out....
The Newsletter, must have more coverage of topics...
The New members of the Editorial Board for the Newsletter...
The Coverage of events in the Newsletter.....etc
etc.
SOM mentions again and again Newsletter....

SSOM comes in between, SOM Confused



**SOM SHOCKS !!
SSOM ROCKS !**

THE SPIRIT *of* MILVEST

A Journey of Transformation and Unity

By - Spirit of MILVEST (SOM)

There was fun, laughter, happiness, spontaneous responses, songs, poetry, creativity, and more. We all laughed, clapped, felt connected, and bonded strongly as military community members, focused on a **mission to upskill together as a learning cohort** at the Management Essentials Program. I would like to believe that the event kindled a part of the **'Spirit of MILVEST' (SOM) in all of us**. Indeed, we celebrated ourselves. As a token of thanks, let me tell you the story of SOM and why this celebration on June 11 means so much to the Spirit of MILVEST. The story will stretch over 35+ years to date, and I hope to complete it in the next 2 to 3 episodes of MILVEST Insights.

LETS BEGIN...

An ordinary young boy of 17 years joined the military establishment on January 1, 1990. He was passionate about the Armed Forces since childhood, having seen Republic Day Parades with impressive tanks and equally impressive and elite military men in uniform. Even the King of Bollywood, Shahrukh Khan, played to the gallery by starring in the superhit 'Fauji' serial on Doordarshan in 1989. Considered a bright student who would join IIT and then become an IAS by his friends, teachers, and parents alike, this boy chose to serve in the military, his passion and only love. It was difficult to tame this free spirit despite the proven glorious history and tough training methodology of the National Defence Academy.

Not ready to align, he would also be a challenging experience to all around him through the 30+ years ahead, pushing the boundaries with his commitment, and questioning the status quo with his curiosity. His family would end up having six military officers: four in the Air Force, one in the Army, and himself in the Navy, also found his second love in an Air Force officer and got wedded on Navy Day (December 4).

MILVEST is designed to be run by just a computer; there are no humans at MILVEST; there is just a **Spirit**. And Spirits are not born, they wander. So, when the Cohort of the Management Essentials Program at MILVEST got together to **Celebrate a Birthday on June 11**, although it was breaking away from our strict rule of **"Only We, 'No – I, Me, Myself',"** it was also really touching to see everyone come together to celebrate the day for the only known human face from the other side of the fence at MILVEST.



By nature, a misfit in the fauj, he was extremely fortunate to live a full fauji life, participating in significant military operations, creating and leading exceptional teams and projects, with success, achievements, accomplishments, and recognition. Being a Fauji was a cherished dream, and he would not have it any other way. A utopian world he lived in, maintaining that Faujis should have only three foci in life: **(i) Excellence in body, mind, and action, (ii) Serve the nation, laying down life when required, and (iii) Nothing else.** As the last person on earth to seek help on the day of Armageddon, he would prefer a Fauji always.



After relishing the pure joy and pride of being a Fauji and loving his people more and more in the initial years, he then started observing gaps. He queried, he questioned, he suggested, he challenged, he attempted, and he sincerely hoped someone senior enough had the answers. Moving up the ladder over time and working in proximity to the top hierarchy, he realized the gaps were far wider, more consequential, and more critical than he thought. He also realized people were comfortable with the status quo, complaining enormously from the shackles and strange bind of inertia, and yet complacent enough to only react negatively or, opportunistically.



During this time, India liberalized its economy, corporate culture set in, the socio-economic structure changed, Indians became prosperous, and money and material possessions came to prominence in the new glittering India. Cable TV, news channels, and social media shaped the psyche of the country; values and ethics found increasing place on social media rather than in action and conduct, and matters of the fauj became a TRP issue on 'Nation Wants to Know' rather than any real/actionable cause of national importance/concern. Wars and surgical strikes became a rock show for a fortnight entertaining people, followed by making of a movie for commercial success, rather than delivering any significant advantage towards strengthening the military institution. The military increasingly became a free marketing prop and a dartboard for all, from the politicians to the corporates towards ulterior motives, quick gains, or insensitive treatment. Once the elites of old-world tradition, charm, and grand infrastructure, they were being pushed down the social ladder, with confusion and chaos slowly replacing faith, camaraderie, and community.



Rising India on the Internet, technology, digital, social media, business, start-ups, horizontal hierarchy, gender equality, a new generation of emerging tycoons, savvy leaders, and a well-educated highly skilled workforce defined the new world for all of us. Fauji leadership was losing pace, unable to keep the attention, trust, and faith of its people. The fauji community relied on legacy systems (status quo) without making any significant space for itself in the new world being shaped for the rest of the country. Once the elites, they were becoming commoners, fast losing identity and feeling lost, not having risen up to India's shining story.

Those who once taught management to others and were also a toast of corporates as a talent pool in the initial years up to 2004 and 2008 were now increasingly struggling to find opportunities and jobs while they left the fauj in larger numbers, with 10-20-30 years of appreciable job experience, but without defined or relevant skills. The modern Indian workforce thrived on communications, business jargon, global exposure, software programming, data handling, data analytics, business metrics, strategy, etc.; and we as a community seemed to be insulated, refusing to rise and learn. Once a community with the most advanced outlook, it also seemed to discourage skilling, looking for career or business opportunities, or personal growth. The community leaders and the top brass had also finally joined the struggling veteran workforce, trying to find a place in corporates themselves, as seekers rather than providers, masters, or leaders. The conversion was complete. *Here existed an exceptional community bonded in blood, sweat, and shared values, with experience, qualifications, and resources; and yet not connected at all digitally, to be able to leverage its strengths, to act in unison, to live up to new world challenges that were threatening to shake its foundations.* There was no vision or strategy to preserve its strengths and curate further potential in the new India—the happening land of dreams.

The year was 2008, and it would be the beginning of a journey of the next 12 years for this boy who joined the National Defence Academy 18+ years ago on the fateful day of January 1, 1990, to find his calling and finally meet SOM (Spirit of MILVEST). *After meeting SOM, a new chapter in his life would open up, where the calling would take the shape of a lifelong purpose for him as well as SOM.*



PS: At this stage, let's take a pause and continue with it in the next edition of MILVEST Insights.

I hope you appreciated the story so far. In some ways, it may be important to tell this story of how they evolved together, the boy and the spirit, hoping that it kindles SOM in many others too.

Till we meet again, keep learning, keep the spirit of MILVEST alive in each one of us, let's light the lamp of Project Deepak all around and let's brighten our wonderful military community together.

SOM would be happy to receive feedback from its readers. Please leave your views and comments on the link here: <https://forms.gle/UQqH32BzuYSmeuYY9>

IMPACT STORIES



STORY 1

Kulbir Singh, Shaurya

Profile Brief

I'm a retired Army officer, after nearly 29 years of army experience in logistics, ammunition technical functions and provisioning and procurement of Armoured Fighting Vehicle spares, I have started a manufacturing Unit for specialized Ammunition packages to support the growing indigenous Ammunition industry. I am proud to be the sixth generation serving in the Indian Army.



Impact Summary

Transitioning to entrepreneurship, I recognized the need for management acumen in the new role. Enrolling in the Management Essentials Program provided me with practical insights and skills. The program's concise topics and expertly curated lessons from IIM-S faculty proved invaluable, enhancing my business strategies and customer engagement.

I see immense value in the program for the military community, offering essential management knowledge applicable to personal and professional growth. I advocate for its continuation, emphasizing the benefits of a structured learning environment and alumni network. Looking ahead, I envision MILVEST fostering a strong alumni association to support ongoing learning and mentorship within the military community, promoting solidarity and professional advancement.

My journey as a MILVEST-ian exemplifies how the Management Essentials Program bridges military experience with entrepreneurial success, empowering individuals to thrive beyond their service careers.



STORY 2

Anindita Goyal, Tejasvini



Profile Brief

Neuroscientist by education, trained in Intellectual Property Rights, coming from the army fraternity as married to an army officer, proud mother of two children and a science enthusiast, I am currently working on my ambitious start up on science Do-It-Yourself engaging kits for children of all ages. My project is at an ideation stage.

Impact Summary



The Management Essentials course at MILVEST, in collaboration with IIM Shillong, will enhance my entrepreneurial career by providing vital skills in business planning, financial management, and strategic decision-making.

It will also cover effective leadership, marketing strategies, and operational efficiency, all crucial for launching and growing a successful business. Additionally, the course offers valuable networking opportunities with peers and industry experts.

A near-free management course for military personnel and their families enhances career transition by providing business acumen, strategic planning, financial management, and leadership skills. It boosts confidence, offers networking opportunities, and supports entrepreneurship. This course empowers the military community, reduces financial burden, and translates military skills into valuable assets for civilian careers.



World

June 5, 2024

Environment Day



How does this picture treat your eyes?

This is no foreign destination this is our own Shillong, India.

This World Environment Day pledge to save the environment,
#Gogreen #Recycle #KeepCleanTouristSpots

Preserve the environment for us and for our future generations.

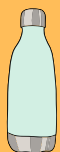


PLASTIC POLLUTION: THE MAIN VILLAIN IN ENVIRONMENTAL CONTAMINATION

Two years ago, I saw what appeared to be a beautiful hill in Delhi, but it turned out to be a massive 70-acre garbage landfill. This landfill, containing both wet and dry waste, emits dangerous gases that pollute the air and harm our health. While the government is working to address this issue, it will take years to clear. As responsible citizens, we must prevent further growth of landfills and avoid creating new ones.



Use reusable bags: Carry your own bags for groceries and vegetables.



Avoid bottled water: Use a refillable steel or eco-friendly bottle.



Carry a personal kit: Have a small tumbler, bowl, straw, and spoon with you.

Wet waste decomposes into compost, enriching the soil, but dry waste, especially plastic, does not. By segregating waste at the source, we can significantly reduce landfill accumulation. Plastic, a synthetic, non-biodegradable substance, plagues our land, rivers, and oceans. Sources of plastic waste include polythene bags, grocery packets, milk and curd packets, bottled water, and plastic glasses.

"Be Gentle with the Earth." — Dalai Lama

- Support eco-friendly practices: Provide subsidies to supermarkets using eco-friendly packaging.
- Encourage vendors: Promote eco-friendly packaging among street and vegetable vendors.

I've educated my apartment complex about waste segregation and started a YouTube channel to raise awareness. Protecting the environment is our duty to ourselves and future generations.

HI, SIACHEN!

MUJHSE DOSTI KAROGE?



“ It was Oct 1984. Glacier Ops had just begun & were in the initial stages. There were scant infrastructure facilities at the Base Camp. There was NO - covered parking for Helicopters, servicing facilities, spares, adequate accommodation for personnel, ECC (Extra Cold Clothing) for troops, even when the night temperature dropped to (-)50°C and winds, at times, were 200 kmph.

We were lodged in the Officer's Mess at Partapur. From here, the Base Camp was about 8 hrs of drive, on a kuchha track. Our Helicopters were parked at Thoise ALG (Advanced Landing Ground) with a kuchha runway. **Flying time from here to the Base Camp was only about 35 mins. The distance from Partapur to Thoise was about 13 kms. There was no road and neither a track to Thoise.**

We were given a dilapidated 1 ton vehicle to ferry us from Partapur to Thoise & back. We left Partapur, daily, at 0645 hrs, reached Thoise in 30 mins, Took Off at 0730 hrs & reached Base Camp around 0800 hrs.

A quick breakfast, briefing & Op sorties, commenced around 0830 hrs. It was mainly logistics, maintenance, recce, cas evac & air shoot sorties. Flying perforce, had to be stopped by 1230 hrs due to very severe turbulence in Glacier. **We then used to return to Thoise, park our Helicopters & reach the Mess at Partapur, after a bone breaking ride in the 1 Ton vehicle.**

On the 4th day, our vehicle broke down. We requested the Ladakh Scouts Officer to provide us another vehicle. He returned after 2 hrs, bringing two Mules. No vehicle was available. Then onwards, we rode on Mules from Partapur to Thoise, then flew Helicopters in the Glacier and returned from Thoise to Partapur riding the Mules! An anticlimax, that inexplicably, we queerly enjoyed. Regrettably, after a few days, we developed a PIA (Pain in the __ _!!!)



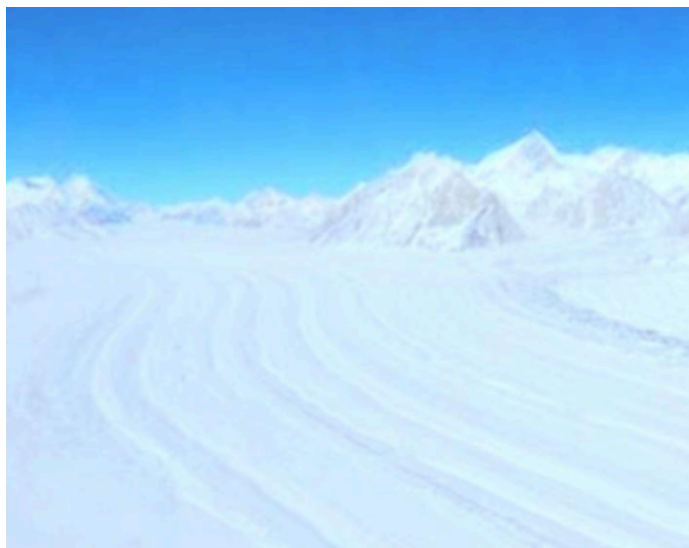
Since there was no ECC clothing, we were (unofficially) permitted to use personal Woollens.

We wore two sets of inners, flying overall, four sweaters, four balaclavas on the head, four pairs of hand gloves and five pairs of socks, in 4 size larger shoes. Even a skinny guy looked like [Dara Singh!](#)

The Fam (familiarization) sorties began. In the 1st sortie, I was flown in the Main Glacier. I was shown the AGPL (Actual Ground Position Line) between Paki's & Us, our posts, gun positions, HQ Location & Indra Col- The Northern most tip of Siachen Glacier.

Looking at the Glacier, Capt. Kumar Harshey was transformed into **"Alice in Siachen Wonderland."** From the air it was a breathtaking site! A mesmerizing vista of scenic white, was all around- the snow white Glacier underneath, snow white mountains all around, white sky above- a pure, clean white world. How can a place be soooo beautiful on this Earth? **"wow! Wow!! WOW!!!"** I exclaimed. The instructor, grim faced, commented, **"Don't be charmed. Glacier is a merciless killer. You have to be very careful."**

As if to demonstrate, we descended lower and lower.... The enchanting beauty of the Glacier was rapidly changing into a sinister, hideous & ugly sight.



The threatening moraine, the gaping crevasses, the undulating broken surface, the towering mountains surrounding us, were deadly and menacing. I was dumb from shock! **How can there be a place soooo deadly and dangerous on the Earth? It was a nasty, stark, Hell hole!**

I was told earlier that food in Base Camp was horrible. At lunch, I saw – Aloo-Mattar, Anda bhurji, Rajma, Boondi Raita, Butter, Rice, Roti & Gulab Jamun. I was pleasantly perplexed. This was not what I had expected. I ravenously attacked the inviting meal. "Wrong information given to me- Yummy food", I mused. It had a peculiar aroma though! All tinned food.

The 2nd, 3rd & all subsequent days, for breakfast, lunch & dinner, it was the SAME Menu. The preservative smell became unpalatable and nauseating. On the 4th day, I commented "Horrible food." The 2nd Fam sorties were to the Side Glaciers. **They were a "BAAP" of the Main Glacier.**

70° climbs, very narrow valleys, barely touching high mountains on either side, very slow rate of climb, no way to turn.... **"Jesus Christ!"** I yelled. **"Is THIS where we have to fly?"** The instructor calmly replied **"Yes."** A cold chill was slowly moving up my spine.



On return to Base Camp, I sat alone. “Is this the place I have to fly? Extreme Envelope of the Helicopter’s limitations, Extreme violation of all safety norms, **Extreme low reserve of power, Extreme limits of a Pilot’s skill & an Extreme High Risk???**”

But then, an inner voice said “**This is what you always yearned for. The High Risk missions & the experience to be amongst the “Best Pilots” of the World. Is this not what you wanted?**”

Determined, I went to the snout (beginning) of the Glacier. ”



I knelt down, folded my hands, bowed my head & asked the Glacier -

MUJHSE DOSTI KAROGE?

Father's Day



**BAAP BAAP
HOTA HAI!**

"Baap baap hota hai" is a Hindi proverb that emphasizes the unique and irreplaceable role of a father. It signifies that a father's influence, guidance, and love are unparalleled and cannot be compared to anyone else. This simple phrase encapsulates the profound respect and admiration that children hold for their fathers, acknowledging their profound impact on their lives and the special bond that exists between father and child.

"Father's Day is a heartfelt occasion that celebrates the paternal bond and recognizes the invaluable role fathers play in their children's lives." For many, nevertheless the understanding of this role deepens significantly only once they become a father. The same is applicable to me without an exception.

Becoming a father brings a profound shift in perspective. It opens our eyes to the responsibilities, joys, and challenges of parenthood. It's a journey that begins with the wonder and anticipation of welcoming a new life into the world. From the moment you hold your child for the first time, a wave of emotions rush over you — love, protectiveness, and a sense of awe at this new life you helped bring into existence.

As a father, you find yourself embracing roles you may not have fully appreciated before: provider, protector, mentor, and caregiver. You learn to navigate the delicate balance of nurturing and guiding your child, while also fostering their independence and resilience. Each day presents opportunities to impart wisdom, share experiences, and create lasting memories that shape your child's development and character.



For me, Father's Day holds a deeper meaning ever since the time I became a father myself. I could understand the sacrifices my own father made — the late nights working to provide for our family, the wisdom shared through quiet conversations, and the unwavering support in every endeavor I pursued. ***These lessons and values now guide me as I navigate the challenges and joys of fatherhood with my own children.***

Father's Day also prompts introspection on the kind of father I strive to be. It's a reminder to be present, to listen attentively, and to cherish the fleeting moments as my children grow up. It's about creating a home filled with love, respect, and encouragement, where my children feel safe to explore, learn, and dream.

I now recognize the depth of my father's guidance and the wisdom in his actions, which I strive to emulate in raising my own children. This newfound perspective has deepened our bond and given me a profound appreciation for the role he played in shaping who I am today.

My Journey as a 'MILVESTian'

I used to get up in the morning,
And finish up my morning chores.
And sit back at office routines,
My life had gone almost mid-life cycle bore.

With creative art and graphic design,
Cover pages, and what not I used to make.
But when it comes to upgrade myself,
I used to think what all it would take.

Many courses I had already done,
Many certificates are already on my CV.
My husband and I was just discussing,
What next just watching our TV.

He forwards a PDF with Management Essentials for Army Spouse.
He laughed at me and said you can pursue it from our own 'House'.
I said that's now my next target, but the course schedule doesn't look that fun.
But how I will manage with one toddler, job and new station on the run.

Enrolled to the most happening course till now where I was alien for few weeks,
With curriculum and submissions, I was playing sneak-peek.
With mind-blowing professor and anecdotes eye-opening lessons were planned,
We were open to panel discussion, and all went in one glance.
The modules keep on rolling, the submissions went on gearing up,
We started enjoying the course to just sum it up.

Then I got a grasp of it and thought I have a little scope,
Finance module came and I lost all my bleak hope.
The HR module is a savior I'm going back on track,
I'm still figuring out the Marketing module will give me the push
why I joined the course way back.
Thanks for being with me this much,
And know my journey with MIVEST,
I hope u enjoyed reading this,
And relate something if I did miss it.





2024 SUMMER SOLSTICE

LONGEST DAY OF THE YEAR

21ST JUNE

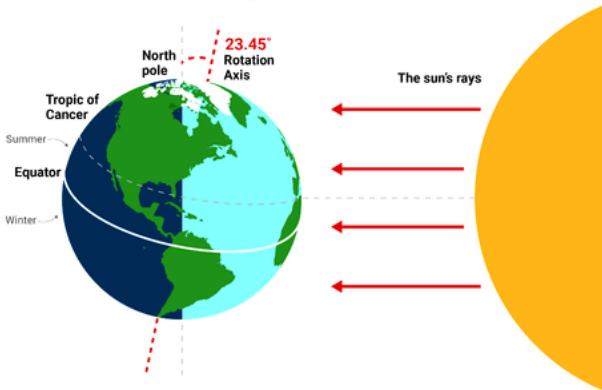
Is marked as the day of **SUMMER SOLSTICE** uka **UTTARAYAN** in the Northern hemisphere, when the *northern hemisphere is tilted most closely towards the sun.*



Solstice comes from the Latin word “sol” means sun and “sistere” to stand still. Summer solstice is also referred to as **Midsummer or First day of summer** while Wiccans and other Neopagan groups call it “Litha” while some Christian churches recognize it as the **day of birth of John the Baptist.**



Earth during the June solstice



As per NASA, the summer solstice is when the North Pole receives as much as 30 %extra light than equator.

During the solstice, the Sun is directly over the Tropic of Cancer at approximately 23.5°N latitude.

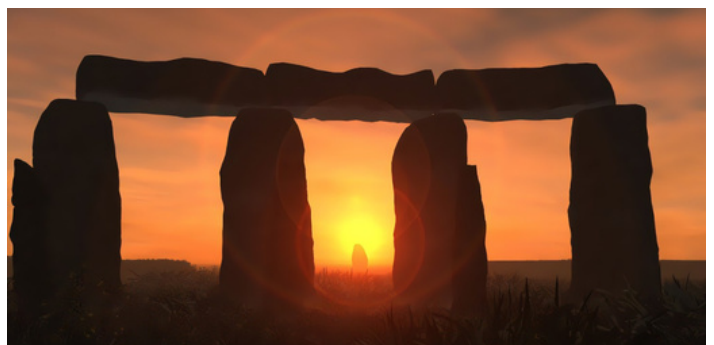
This is its northernmost position relative to the equator. Although the solstice marks the longest day, the hottest day comes later due to the seasonal lag as the surface of the earth continues to heat up for several weeks after the longest day.

As the sun appears to stand still on this day, it is a perfect opportunity to find “stillness” or “sthirta” in our lives through the practice of Yoga on **International Yoga Day on 21st June.**

Ancient Greeks observed the Midsummer celebrations with festival Kronia, a feast dedicated to the God Kronos.

According to historians, Stonehenge was built to earmark the summer solstice.

The heel stone in the ancient architecture receives the first rays when the sun rises.



Eventually, the sun climbs to the center of the monument at noon. **Eratosthenes, a Greek scholar, measured the difference in shadows cast by the poles in two cities 800 km apart to conclude that Earth had a circumference of about 40,000 km, a figure remarkably close to the actual measurement.**

INTERNATIONAL

Yoga Day

21 JUNE 2024

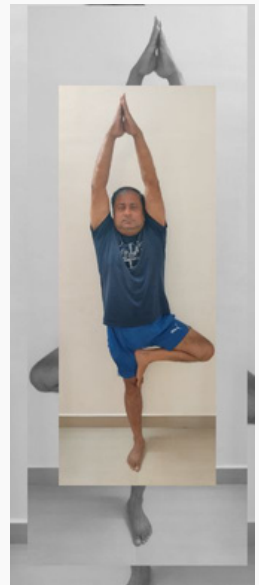


Inhale Happiness-Hold the Present-Exhale Sadness

JUNE 21 2024

YOGA DAY

CELEBRATION IN MILVEST FAMILY



Visual Representation: Deepika Chaudhary



कविता : मैं ज्ञान हूँ

वायु वेग - धारा प्रवाह सा,
गतिमान निरंतर तत्पर हूँ।
आकार में मैं - निराकार हूँ,
मैं सरल हूँ - मैं विस्तार हूँ।
हर युक्ति का, मैं 'कुटुंब' हूँ,
हर सफलता का, मैं प्रतिबिंब हूँ।

॥ मैं ज्ञान हूँ ॥

रज-रज में भी, कण-कण में भी,
जीवन के हर-एक, क्षण में भी।

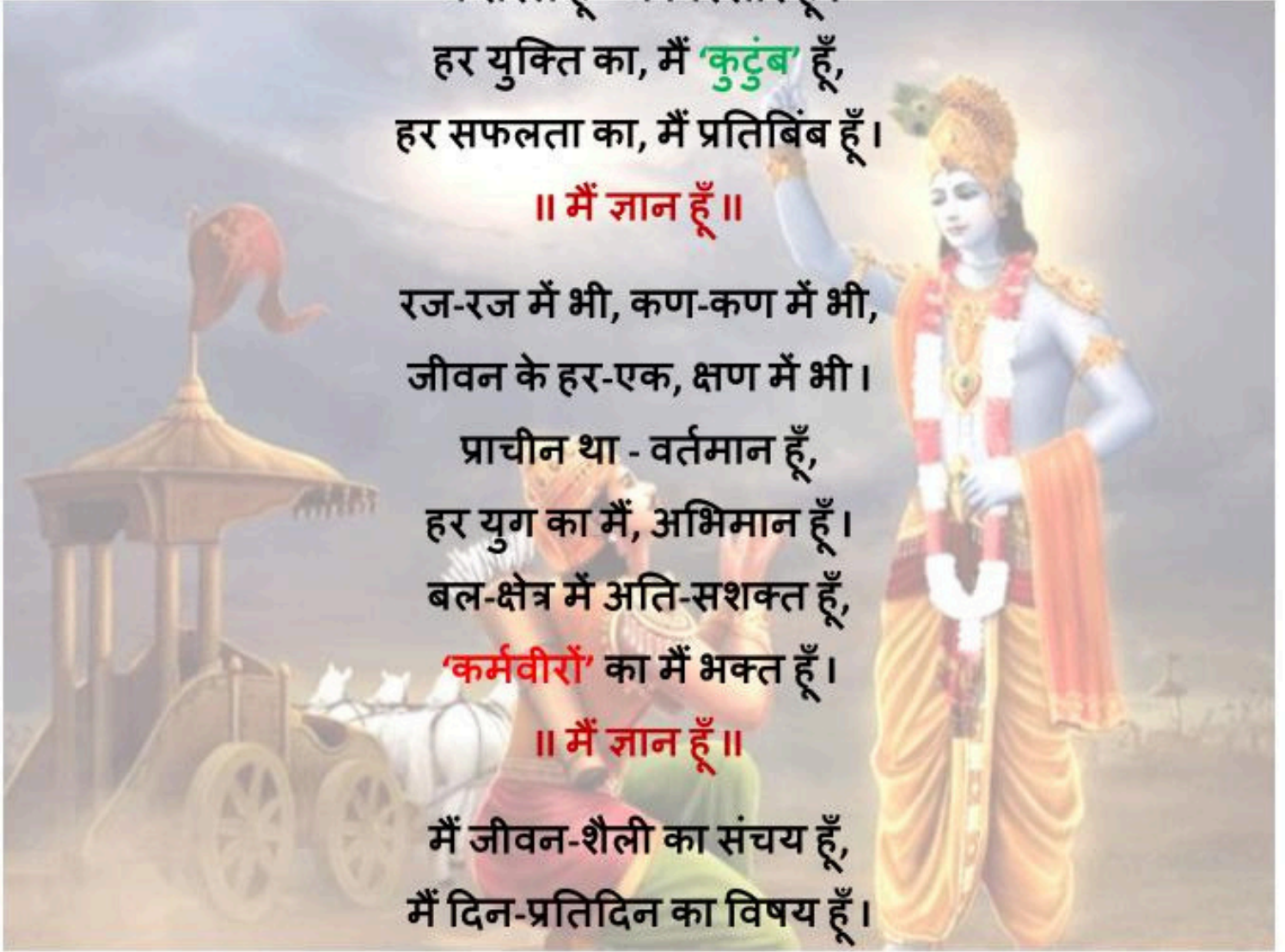
प्राचीन था - वर्तमान हूँ,
हर युग का मैं, अभिमान हूँ।
बल-क्षेत्र में अति-सशक्त हूँ,
'कर्मवीरों' का मैं भक्त हूँ।

॥ मैं ज्ञान हूँ ॥

मैं जीवन-शैली का संचय हूँ,
मैं दिन-प्रतिदिन का विषय हूँ।

मैं माध्यम हूँ, मैं केंद्र भी,
अस्त्रों-शस्त्रों का देवेंद्र भी।
'तेजस्विनी' के तप का धैर्य हूँ,
योद्धाओं का मैं 'शौर्य' हूँ।

॥ मैं ज्ञान हूँ ॥



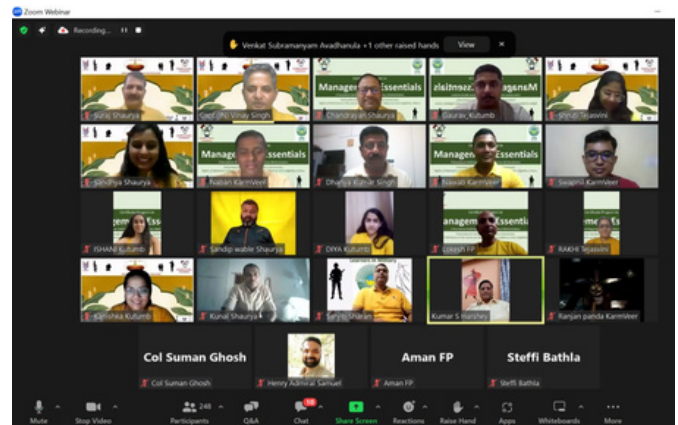
What is going at MILVEST?

Every day at MILVEST and Sambhav Kadam Foundation is a day of celebration, where people collaborate, meet, share ideas and as a consequence experience wonderful moves & dance of progressive success.

A glimpse of Action & Activities

1st Launch of MILVEST Insights on 30th May 2024

The virtual event celebrating the growth of MILVEST & Sambhav Kadam Foundation on Zoom saw around 1200 participants dressed in yellow, using vibrant digital backdrops. This memorable online gathering showcased immense enthusiasm, creativity, and passion from all involved.



Surprise Birthday party

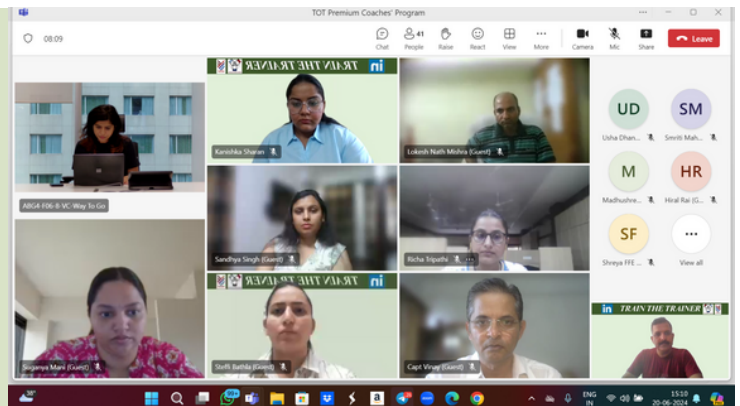
On **June 11, 2024**, MILVEST's students celebrated their revered MD's birthday with an event that allowed them to showcase their talents and shift focus from 'WE to I.' Despite the rules being bent for fun, the MD couldn't maintain a vexed demeanor in the joyful atmosphere.



TRAIN THE TRAINER PROGRAM

in collaboration with LinkedIn India

In a notable achievement for the Sambhav Kadam Foundation & MILVEST, five participants were selected for an exclusive program with LinkedIn senior managers, enhancing their professional skills and confidence. These "chosen five" will receive free LinkedIn Premium memberships and will train others to leverage these features.



Sambhav Kadam Foundation - Empowering Indian Veterans on...

Sambhav Kadam Foundation - Empowering Indian Veterans & MILVEST takes the privilege on this Father's Day to felicitate...

[linkedin.com](https://www.linkedin.com)

Father's Day Celebration

Additional Activities from the Past Month

- Weekend Brainstorming Sessions
- Mock Interviews and career coaching
- 10 weeks long Certification Program on Facility Management
- MILVEST Showcases Talent to Recruiters and Talent Acquisition Leaders in Military Transition Event
- Mentor Module, KYC in Global Banking

Lean Six Sigma Black-Belt Training and Certificate Program. The program was started on **22 Jun** and is **currently in progress till 07 July 2024** in a customized schedule suited to military and working professionals.

UPCOMING PLANS

Corporate Training for the 'Global Leader in E-Commerce'

MILVEST will conduct its **Corporate Training Program for a Multinational team of the Global-Leader in e-commerce**. The learning cohort comprising team members from MNC's APAC region (Japan, Australia, Singapore and India) will be trained on 'Certified Scrum Master'. The program will be conducted on 30 and 31 July 2024 in Bangalore. The Cohort will comprise a 1:1 ratio of military veterans and non-military professionals, as also will have an equitable mix of male and female genders.

Lean Six Sigma Green Belt Certificate Program will be conducted in Jul 2024 by Grant Thornton, a global consultancy, at a heavily discounted fee for MILVEST-ians. At MILVEST, we find a universal applicability of Lean Six Sigma program for Faujis, and strongly recommend that every fauji should undergo the Green Belt Certificate Program. Enrolment Details for the Program are available at the bottom of this section. MILVEST will also hold briefing sessions for its participants on 'What and Why' of Lean Six Sigma, to provide initial orientation, and answer queries of those with interest, towards actionable outcomes.

Lean Six Sigma Program (Green Belt) for MILVEST-ians

Certified Scrum Master (Scrum Alliance)

**Coming Soonnnn!!!
In August**

Corporate Tour- LinkedIn Corporate Office, Bangalore

This event is planned to be conducted on **11 Jul 2024 for 30 participants (serving & retired personnel and family members) from MILVEST, to provide them an exposure of corporate offices, culture and a glimpse into the workspaces and technology of LinkedIn.** It is also aimed to bring MILVEST-ians physically together, meet the MD in person and have an opportunity to learn, socialize, enjoy and feel proud to have lived these special moments.

HR Online Symposium/ LinkedIn Seminar with senior HR Professionals from Corporate

On completion of HR Module (fifth module of Management Essentials Program) in **mid-July, a HR Symposium is planned end July/Early August 2024, where the panel of Speakers will comprise of corporate leaders and a few select participants from our Management Essentials Program.** The topic for the event will be HR-oriented and aimed to churn the minds of our military learners, to open them like parachutes.

Module on Entrepreneurship

A 06 session module on Entrepreneurship will be conducted end July 2024 at MILVEST. The Faculty for the program is a highly qualified and accomplished mentor and judge for Entrepreneurship courses at Stanford University and University of California at Berkley, USA. The learning cohort will roughly comprise 75 – 100 committed participants at Rs 4000 / each participant. Enrolment details for the Course will soon be released for the participants of Management Essentials course at MILVEST



[Instagram_Sambhav kadam foundation](#)

<https://www.youtube.com/@captvinay-navy-milvest>

[Sambhav kadam foundation](#)

<https://www.linkedin.com/company/sambhav-kadam-foundation/>





Lean Six Sigma Green Belt Certification

by Grant Thornton Bharat

Who does the programme help?

- Professionals aiming to refine their problem-solving and process enhancement capabilities
- Team leaders and managers in quality assurance and operational excellence
- Individuals mastering lean techniques for efficiency
- Change management leaders driving organisational transformation

Enroll for our upcoming batch

13 July 2024

Lean Six Sigma GREEN Belt Certification

The schedule for the upcoming Lean Six Sigma Green Belt (LSSGB) training, to be conducted only on weekends:

Dates: 13th, 14th, 20th & 21st July, 2024

Timings: 10:00 am - 5:00 pm

Exclusive for MILVEST

The fees for **MILVEST participants** will be

INR 7,500/-

(regular fees for the program is INR 19,470/-)

Payment Link: <https://paytm.me/gnT2-3r>

For more information or for any queries, reach out to us at:

Priya Singh, Assistant Manager, Growth

M +91 95995 85003

E-mail - Priya.Singh@IN.GT.COM

For Information & Reference: Details of Entrepreneurship Module



Learning Entrepreneurship



a 6-Session Course
10 hrs of online learning on Entrepreneurship in India

Starts 21 July 2024,
06 consecutive Sundays till 28 August
from 9 am to 10:30 am, Online

MILVEST Global Faculty

- Entrepreneurship mentor at Stanford University and University of Berkeley, California

- Based at Silicon Valley USA



Driving Enablement through Entrepreneurship learning for Military Community

Course Start Date: 21 July 2024; Course End Date: 28 August 2024

No. of Sessions – Six; Timing / Schedules: Sundays from 9am to 10:30 am (online)

Course Token Fee

For those enrolled at **Management Essentials Program**, Rs 4000/- per participant

For external military community members, Rs 10000/- per participant

Online Payment Link Here: <https://pages.razorpay.com/EntrepreneurshipMILVEST>

Please Note:

- (1) There are no refunds under any circumstances
- (2) external military participants will be required to pay an additional Rs 6000/- which will be shared on email within 48 Hrs of token Registration on above payment link



Finance Module Overview

We embarked on the fantastic journey of the Finance Module as part of the "Management Essentials" Course by IIM Shillong under MILVEST, which was meticulously designed and well-articulated.

This finance module is a structured educational program aimed at providing comprehensive knowledge and skills related to financial management. The nine interactive sessions covered various components of finance, and each one was truly eye-opening and thought-provoking.

Our approach to money and its management has been profoundly transformed. I have summarized the broad concepts covered in the fourth module of the course, hoping this will serve as a quick reference for all of us.

Financial Planning

Financial planning involves setting objectives, assessing assets and resources, estimating future financial needs, and making plans to achieve monetary goals. Both individuals and organizations need to ensure long-term financial stability and growth.

Key Components:

1. Objective Setting: Clear financial goals, both short-term and long-term, provide direction and a basis for planning.
2. Resource Assessment: Understanding current financial status, including income, expenses, debts, and assets.
3. Budgeting: Creating a plan to allocate resources efficiently to meet goals.
4. Investment Strategy: Determining the best investment options to grow wealth over time.
5. Risk Management: Identifying potential financial risks and developing strategies to mitigate them.

Benefits:

- Ensures efficient use of resources.
- Helps in achieving financial goals.
- Provides a roadmap for financial decisions.
- Prepares for uncertainties and emergencies.



Budgeting

Budgeting is the process of creating a plan to spend money. It allows individuals and organizations to track income and expenses, ensuring that resources are used efficiently and effectively.

Types of Budgets:

1. Operational Budget: Covers daily expenses necessary for the functioning of a business.
2. Capital Budget: Involves planning for long-term investments and expenditures.
3. Cash Flow Budget: Focuses on the inflows and outflows of cash to ensure liquidity.

Benefits:

- Controls spending and prevents overspending.
- Helps in achieving financial objectives.
- Allows for tracking and monitoring financial performance.

Accounting and Reporting

Accounting is the systematic process of recording, analyzing, and interpreting financial transactions. Reporting involves presenting this financial information in a structured manner, usually through financial statements.

Key Components:

- Financial Statements: Balance sheet, income statement, cash flow statement, and statement of shareholders' equity.
- Compliance: Adhering to accounting standards and regulations.
- Transparency: Providing accurate and clear financial information to stakeholders.

Benefits:

- Facilitates informed decision-making.
- Ensures compliance with legal and regulatory requirements.
- Provides a historical record of financial performance.
- Fund Management - Fund management involves overseeing and handling a financial institution's or an individual's investment portfolio. It includes making investment decisions, managing assets, and monitoring performance.

Asset Allocation

Key Components:

- Diversifying investments across different asset classes to manage risk.
- Performance Monitoring: Regularly assessing the performance of investments.
- Risk Management: Identifying and mitigating risks associated with investments.

Benefits:

- Maximizes returns on investments.
- Manages and mitigates risks.
- Ensures that investment goals are met.

Forecasting

Forecasting is the process of making predictions about future financial performance based on historical data, trends, and analysis. It is crucial for strategic planning and decision-making. Utilization of Orange Software is highly beneficial in forecasting based on humongous database.

Key Methods:

- Qualitative Forecasting: Based on expert opinions and market research.
- Quantitative Forecasting: Uses statistical models and historical data.

Benefits:

- Helps in setting realistic financial goals.
- Assists in identifying potential future financial issues.
- Informs strategic planning and budgeting.
- Enhances decision-making processes.

Supervision

Supervision in a financial context refers to the oversight of financial activities and performance to ensure they align with objectives, regulations, and standards.

Key Components:

- **Regulatory Compliance:** Ensuring all financial activities comply with relevant laws and regulations.
- **Internal Controls:** Implementing processes to safeguard assets and ensure accurate financial reporting.
- **Performance Monitoring:** Regularly reviewing financial performance against goals and objectives.

Benefits:

- Ensures financial integrity and accuracy.
- Prevents fraud and financial mismanagement.
- Enhances accountability and transparency.

Financing Decision

Financing decisions involve determining the best funding sources for an organization's operations and growth. These decisions are crucial for maintaining liquidity and supporting long-term financial health.

Key Components:

- **Debt Financing:** Borrowing funds through loans or issuing bonds.
- **Equity Financing:** Raising funds through the sale of shares.
- **Internal Financing:** Using retained earnings for funding needs.

Benefits:

- Provides necessary capital for growth and operations.
- Ensures optimal capital structure.

Investing Decision

Investing decisions pertain to how and where to allocate funds to generate returns. These decisions are pivotal for growing wealth and achieving financial objectives.

Key Components:

- Risk Assessment: Evaluating the risk associated with various investment options.
- Return on Investment (ROI): Estimating the potential returns from an investment.
- Investment Horizon: Determining the time frame for investments.

Benefits:

- Enhances wealth creation and financial growth.
- Diversifies investment portfolio to manage risk.
- Aligns investments with financial goals and risk tolerance.
- Provides opportunities for passive income.

Risk Mitigation


Risk mitigation involves identifying, assessing, and taking steps to reduce risks to acceptable levels. It is critical for protecting financial health and ensuring stability.

Key Strategies:

- Diversification: Spreading investments across different assets to reduce risk.
- Insurance: Using insurance policies to transfer risk.
- Hedging: Using financial instruments to offset potential losses.
- Contingency Planning: Preparing for unexpected financial events.

Benefits:

- Protects against financial losses.
- Ensures stability and continuity.
- Enhances confidence in financial planning and decision-making.
- Reduces uncertainty and enhances predictability.



In summary, financial planning, budgeting, accounting and reporting, fund management, forecasting, supervision, financing decisions, investing decisions, and risk mitigation are interconnected components essential for effective financial management.

Each plays a vital role in maintaining financial stability, fostering growth, and ensuring compliance. By integrating these elements, individuals and organizations can achieve financial goals, mitigate risks, and make informed decisions in a complex financial landscape.

This comprehensive understanding of finance equips us to navigate and succeed in the financial world.

“

I thank our professors, moderators, and participants for making this module an utmost success.

Their ability to explain the intricacies of these concepts in such simplified forms contributed significantly to the module's success.

”



Journey with MILVEST And IIM Shillong

**Module 2 -
General
management**
(Apr 2 - Apr 30)

**Module 1 -
Introduction to
Business
Management**
(Jan 26 - 13 Feb)

**Module 3 -
Economics**
(May 2 - May 9)

**Module 4 -
Finance**
(May 13 - June 4)

**Module 5 -
Human Resource
Management and
OB**
(June 11 - July 11)

Topics Covered

- Management Styles & Approaches
- Group Dynamics
- Leadership theories
- Team building
- Motivation & Employee engagement
- Recruitment & Selection

Topics Yet to be Covered

- Training & Development
- Feedback & Assessment
- Compensation & Benefit
- Negotiation

Upcoming Module

**Module 6 -
Marketing Management**



ANSWER



Find clarity and solutions by diving into the quizzes available in our Learning Management System.

Participants can find the questions in a dropdown menu, under the column named “MILVEST Insights Monthly Magazine”

Session 22 - Supervision

| | |
|----|---|
| 1 | C |
| 2 | C |
| 3 | C |
| 4 | C |
| 5 | D |
| 6 | C |
| 7 | C |
| 8 | B |
| 9 | B |
| 10 | D |

Session 23 - Financing Decision

| | |
|----|---|
| 1 | A |
| 2 | B |
| 3 | C |
| 4 | A |
| 5 | C |
| 6 | B |
| 7 | C |
| 8 | B |
| 9 | C |
| 10 | B |

Session 24 - Investing Decision

| | |
|----|---|
| 1 | A |
| 2 | D |
| 3 | C |
| 4 | B |
| 5 | C |
| 6 | C |
| 7 | B |
| 8 | C |
| 9 | B |
| 10 | B |

**Session 25-
Risk Mitigation**

| | |
|----|---|
| 1 | C |
| 2 | C |
| 3 | B |
| 4 | C |
| 5 | B |
| 6 | C |
| 7 | C |
| 8 | B |
| 9 | C |
| 10 | D |

**Session 26 -
Management
Approaches**

| | |
|----|---|
| 1 | B |
| 2 | B |
| 3 | C |
| 4 | C |
| 5 | B |
| 6 | C |
| 7 | C |
| 8 | C |
| 9 | C |
| 10 | A |

**Session 27 –
Group Dynamics**

| | |
|----|---|
| 1 | C |
| 2 | C |
| 3 | C |
| 4 | C |
| 5 | D |
| 6 | B |
| 7 | B |
| 8 | C |
| 9 | C |
| 10 | D |

Quiz ke answers
pata nahi chal
rha kaun sa
galat hain!



**ARRE, WHY WORRY
WHEN SOM IS HERE!**

SAB MILEGA SAHI TIME PE...
HERE ARE THE QUIZ ANSWERS.

HAPPY NOW!



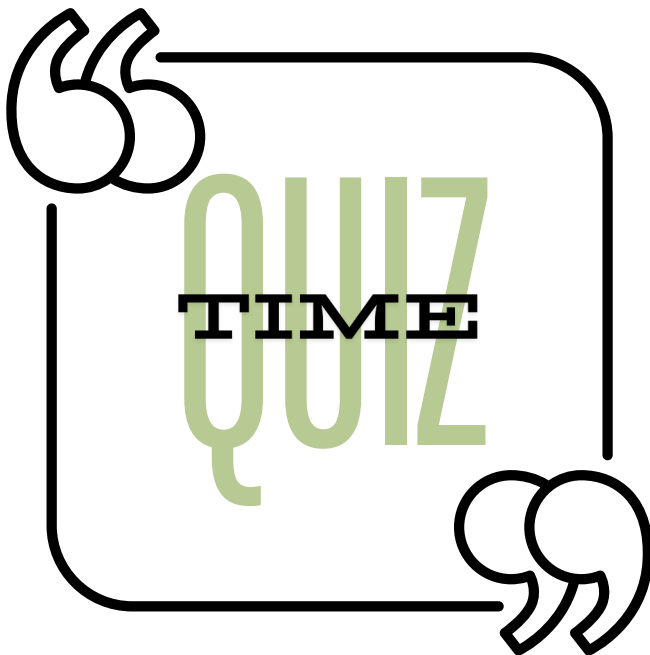
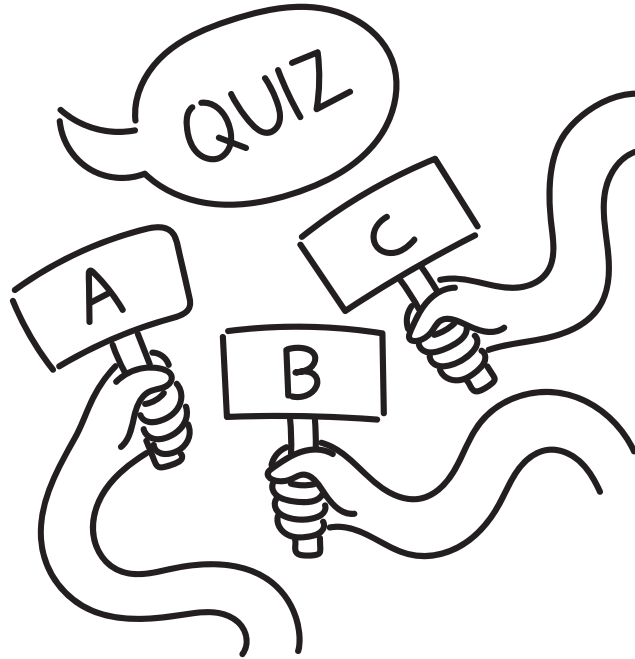
SPIRIT OF MILVEST

**Session 28 -
Leadership Theories**

| | |
|----|---|
| 1 | B |
| 2 | C |
| 3 | B |
| 4 | B |
| 5 | B |
| 6 | B |
| 7 | B |
| 8 | B |
| 9 | B |
| 10 | B |

**Session 29 –
Team Building**

| | |
|----|---|
| 1 | B |
| 2 | B |
| 3 | D |
| 4 | A |
| 5 | B |
| 6 | B |
| 7 | A |
| 8 | C |
| 9 | A |
| 10 | C |



Unlock the
**answers to all
your questions!**



SPIRIT OF MILVEST

**CORE
EDITORIAL BOARD**



Kanishka



Shruti Kapoor



Sandhya Singh



Suraj PS Salaria



Sandip Wable

And Our New Members.....

Deepika Chaudhary

Ms. Deepika Chaudhary, our exceptional graphic designer, is the creative force behind our Instagram content creations and the beautifully designed **MILVEST Insight**. Her innovative vision and artistic skills have significantly enhanced our visual presence and engagement.



Her ability to design captivating graphics and engaging content has elevated our magazine. Deepika's unwavering commitment and collaborative spirit make her an indispensable member of our team, and we are deeply grateful for her ongoing contributions and support.

Shilky Sundriyal

Ms. Shilky Sundriyal is an evident contributor to our magazine, playing a vital role in its success. She has consistently submitted high-quality articles, enriching our content with her insightful writing.



Beyond her contributions as a writer, Shilky has also been instrumental in gathering video clips from our audience, adding a dynamic and engaging dimension to our publication.

THANKYOU



A unique learning cohort of 1500+ military family members
under **Project-Deepak**, by **MILVEST** initiative
Sponsored by **Sambhav-Kadam** Foundation



Certificate Program in

Management Essentials

A foundation-building program on Business Administration
30 Jan to 31 Oct 2024



Exclusively for members from Military Community
Rights of Admission in the course are reserved, & also subject to eligibility norms



Thank you for 165 likes, 68 exclusive comments, and 21
heartwarming reposts on the

[LinkedIn Sambhav Kadam Foundation Page](#)

for the launch of Milvest Insights Volume 1, Issue 1, May 2024



165 likes



68 Comments



21 Reposts

*We greatly appreciate your overwhelming response and contribution
during the launch. Your time and efforts are invaluable to us.*



We look forward to your continued participation and contribution in the
near future. We hope you enjoyed reading this issue and that future
editions will bring even more joy to the **MILVEST family!**

Reach out to us @ <https://forms.gle/UQgH32BzuYSmeuYY9>