FIRST EDITION MARCH 2025



MILVEST

Military Veteran Skilling & Transformation

Insights 2.0



SHE LEADS
Women's Day Special



IIM Shillong Certification Details

Agile Acharya

Role of a Data Analylist

Ghar-se-Fauj-se-Ghar



PowerBI Comprehensive overview 2024 Highlights through PowerBI visuals

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A Second Innings











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Monthly Newsletter

MILVEST Insights 2.0





Director & founder - Capt. (IN) Vinay Singh

MILVEST (Military & Veteran Skilling & Transformation), Sambhav Kadam Foundation is an initiative dedicated to supporting armed forces veterans, widows, dependents, and the broader defense community in their career transition, personal transformation, and upskilling. The foundation focuses on empowering individuals through structured learning programs, mentorship, and career development opportunities.

One of its key initiatives, Project Deepak, provides comprehensive guidance and training to military personnel transitioning into civilian careers. Additionally, MILVEST collaborates with premier institutions like *IIM Shillong* to offer management and professional development programs, equipping participants with essential skills for their next career phase.

At its core, MILVEST Sambhav Kadam Foundation aims to create a sustainable, supportive ecosystem where military professionals and their families can confidently build new careers and thrive beyond service.

Together, we will continue to grow, adapt, and lead with excellence. Let's keep moving forward with passion and purpose!

Best Regards

Capt Vinay Singh

In this newsletter you can expect:

MILVEST Course Details

Women Leaders

Stories that Inspire

PowerBI App

Agile Acharya

Creative Sparks



Editorial Desk - Team InkSpire

Greetings to all!

We are thrilled to present the inaugural edition of MILVEST Insights 2.0 – Issue 1 (March 2025). This newsletter marks a significant milestone in MILVEST's journey—from its inception as a vision to a thriving platform for career transition, personal transformation, and upskilling within the military community.

Over a decade ago, Capt (IN) Vinay Singh, a dedicated naval officer, set out to support the armed forces community. His relentless passion led to the creation of MILVEST (Military Veteran Skilling & Transformation) and Sambhav Kadam Foundation, which continue to empower veterans, widows, dependents, and the defense community. Under this initiative, Project Deepak now supports over thousands of participants in their learning journey through the Management Essentials Program by IIM Shillong.

This month's special edition is dedicated to our Women Warriors in honor of *International Women's Day* (March 2025). It honors the innovation, resilience, and unwavering dedication of our women participants, who continue to inspire and lead with excellence. Their contributions embody strength, perseverance, and the spirit of progress. Kudos to all! We are also pleased to share two significant achievements by India that have brought immense pride to our nation.

We are proud to introduce "Team InkSpire", our new Editorial Board, whose passion and hard work have brought this vision to life. Enjoy this heartfelt creation by MILVEST's own for its ever-growing family.

Best Regards, Team InkSpire (Editorial Board) MILVEST Insights 2.0



Varsha Sharma

Name: Varsha Sharma Segment: Tejasvini Armed Forces: Navy Fun Fact About Me:

My friends refer to me as "Google" because I am always prepared with a solution for any crisis. I have a keen ability to analyze people, anticipate situations, and approach challenges with creativity.



Congratulations to Sunita Williams on Her Triumphant Return!

Sunita Williams safely returned to Earth aboard the SpaceX Dragon spacecraft after an unexpected 9-month mission (over 270 days) aboard the ISS, showcasing resilience and dedication. Following her splashdown, her ancestral village Jhulasan, Gujarat, celebrated with aarti, prayers, and fireworks, expressing immense pride.

Welcome back, Sunita! India and the world salute you! 🖋 🦮



India Wins ICC Champions Trophy 2025!

India secured their third ICC Champions Trophy title with a thrilling four-wicket win over New Zealand in the final at Dubai International Stadium. The victory sparked nationwide celebrations, reflecting the deep pride and passion of Indian cricket fans.

Hum Jeet gayeeee...

Team InkSpire







Aashish Ashta

Name: Aashish Ashta
Segment: Shaurya
Armed Forces: Army
Fun Fact About Me:
Fueled by long runs, regular
gym sessions, and intense
weekend tennis rivalries!
Yet, I somehow have a knack
for being in the wrong place
at the wrong time!

Samrender Singh

Name: Samrender Singh Segment: Karamveer Armed Forces: Navy Fun Fact About Me: I enjoy performing stand-up mimicry for entertainment and have a deep appreciation for singing classic retro Hindi songs.

Vinti Gaur

Name: Vinti Gaur

Segment: Tejasvini
Armed Forces: Navy
Fun Fact About Me:
I am fluent in three
languages, but if I could have
any superpower, it would be
the ability to speak all
languages and connect with
anyone in the world. I'm an
avid traveler.









Razin Mansuri

Name: Razin Mansuri Segment: Karamveer Armed Forces: Air Force Fun Fact About Me: My seniors and friends call me "Radar Doctor" for my expertise in interpreting Electronic Key Diagrams and diagnosing snags with precision.

Jasmeet Singh

Name: Jasmeet Singh Segment: Shaurya Armed Forces: Air Force Fun Fact About Me: I am an adventurous and outgoing enthusiast who thrives on exploring new places and I have a deep spiritual curiosity for and selfgrowth discovery.

Ramdhan Narwal

Name: Ramdhan Narwal Segment: Karamveer Armed Forces: Air Force Fun Fact About Me: I have a deep appreciation for diverse genres of music, and my friends fondly call me as "The Storyteller."

Ayush Tiwari

Name: Ayush Tiwari Segment: Karamveer Armed Forces: Air Force Fun Fact About Me: My brain runs like a browser with too many tabs—jumping between tasks at lightning speed. Yet, I manage work, life, and last-minute chaos... mostly without crashing!

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Sambhav Kadam Foundation

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This magazine features contributions solely from participants of Project Deepak – A Management Essentials Programme in collaboration with IIM Shillong. The views and insights are those of individual authors and do not reflect the official positions of the Sambhav Kadam Foundation or MILVEST. We aim to foster open discussion and diverse perspectives; however, readers are encouraged to assess content critically. Unauthorized reproduction is prohibited. For permissions or feedback, please contact Sambhav Kadam Foundation or MILVEST via official channels.

Thank you for your understanding and cooperation.



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1150 + successfully certified in 2024





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- MILITARY SPOUSES, WARDS, WIDOWS & REAL BROTHER/SISTER















MANAGEMENT ESSENTIALS - 2025





In today's dynamic business landscape, staying ahead necessitates continuous learning and the enhancement of leadership skills. MILVEST 2025 is designed to empower professionals from diverse industries, including veterans, military spouses, and military wards, by providing cutting-edge management and leadership training.

REGISTRATIONS ON TILL 30th APRIL' 2025 SIGN UP NOW.

Here's why you should consider joining MILVEST 2025:

COMPREHENSIVE SKILL DEVELOPMENT

MILVEST offers a range of programs, from data-driven decision-making to agile leadership. You'll gain hands-on experience with real-world business challenges, making you an effective leader in any environment.

INDUSTRY-EXPERT MENTORS

Learn from seasoned professionals, industry experts and faculty from IIM Shillong that bring a wealth of knowledge, combining academic excellence with real-world experience. Their mentorship will give you invaluable insights into navigating complex business landscapes.

TAILORED FOR WORKING PROFESSIONALS

Whether you're a working mother, transitioning veteran, or corporate executive, MILVEST's flexible course schedules and practical approach fit seamlessly into your busy life.

NETWORKING OPPORTUNITIES

Connect with a community of like-minded professionals and build a network that extends beyond the course. The peer interactions and collaborations at MILVEST open doors to new opportunities.



- ✓ Tailored for Military Families Designed with your unique journey in mind, ensuring seamless transition and growth.
- Learning at Your Convenience Study from home, online, and beyond working hours—because flexibility matters.
- Quality at Near-Free Costs Unlock world-class education without financial strain.
- **Earn Industry-Valued Certifications** Gain credentials recognized by top global consultancies and corporations.
- **Connect with the Best** Learn from and collaborate with leading institutes, global firms, and top-tier professionals.
- Thrive in a Diverse Peer Group Join an inspiring community of experienced professionals, enriching your learning journey.
- Master In-Demand Skills Build expertise that accelerates career growth and opens new opportunities.
- **Holistic Development** Enhance not just your technical know-how but also leadership, strategy, and personal growth.
- **Stay Ahead with Domain Awareness** Deepen your industry knowledge and stay future-ready.
- **Emerge Confident & Competent** Step into the world with newfound expertise, credibility, and self-assurance.

MILVEST 2025 – YOUR GATEWAY TO A BRIGHTER FUTURE!

MANAGEMENT ESSENTIALS PROGRAM BY MILVEST, & IIM SHILLONG



The Management Essentials Program is a flagship offering by Milvest and the Sambhav Kadam Foundation, developed in collaboration with IIM Shillong. This initiative aims to equip participants from military backgrounds with managerial skills that complement their technical expertise, empowering them to excel in civilian and corporate environments. The program bridges the gap between operational military experiences and modern business practices, creating a pathway for participants to transition smoothly from military roles to leadership positions in the corporate world.

This unique collaboration leverages the academic excellence of IIM Shillong and the mission of Milvest to empower military personnel through education. With a curriculum designed to impart real-world business knowledge, the program offers an unparalleled learning experience tailored to the specific needs of the military community.

WHO SHOULD ENROLL?

The Management Essentials Program is exclusively designed for individuals affiliated with the military community. Eligible participants include:

POINT 1

Active and retired military personnel: Officers, sailors, jawans, airmen, and other military professionals looking to transition into civilian roles or enhance their leadership skills.

POINT 2

Spouses and family members of serving or retired personnel, including families of martyred soldiers.

POINT 3

Wards of military personnel seeking to develop critical business and management skills.

The program caters to individuals at different stages of their careers—whether on a career break, transitioning to the corporate sector, or seeking personal and professional growth. It emphasizes business acumen, operational efficiency, and strategic thinking to help participants build a strong foundation for future career opportunities.

Program Benefits

Participants will benefit from a comprehensive curriculum delivered by IIM Shillong professors, who bring over two decades of teaching experience and industry insights. The key program benefits include:

CERTIFICATION FROM IIM SHILLONG

This credential, highly regarded in corporate and academic circles, enhances participants' profiles and opens doors to new career opportunities.

NETWORKING OPPORTUNITIES

Participants can attend industry events, interact with business leaders, and engage in on-site corporate visits, gaining valuable exposure and building connections for future career paths.

PUBLISHING PLATFORM

The program encourages participants to publish their thoughts and insights through official channels, allowing them to make meaningful contributions to the community and beyond.

HOLISTIC SKILL DEVELOPMENT

With a focus on project management, business strategy, and operations, participants gain both theoretical knowledge and practical skills.

TAILORED LEARNING EXPERIENCE

Designed specifically for the military community, the program addresses the unique challenges and strengths of individuals with military backgrounds.

Eligibility Requirements

TO ENROLL, APPLICANTS MUST MEET THE FOLLOWING CRITERIA:

Military Affiliation:
Applicants must be serving or retired personnel, their spouses, wards, or families of martyred soldiers. A valid military ID or a verification letter issued from authorities is required for verification.

Academic Qualification: A graduate degree in any discipline, with reasonable english and computer skills is required to ensure participants are prepared for the program's advanced curriculum.

BE Milvest Membership: Only registered ME_Milvest members are eligible to join the Management Essentials cohort.

All applications must include the necessary documentation for verification. Please note that payments made by ineligible applicants are non-refundable, so it's important to confirm eligibility before registration.

PROGRAM STRUCTURE AND TIMELINE

The Management Essentials Program is designed to provide a seamless learning experience over *nine months*.



Start Date: April 2025

Class Schedule: Twice a week

Tuesdays and Thursdays, 7:00 PM to 8:45 PM IST

Duration: 9 months

The program kicks off with introductory classes in January and February 2025, laying the foundation for deeper learning.

Why This Program Is Essential for the Military Community

Military personnel possess invaluable skills, including discipline, leadership, and operational expertise. However, transitioning to the corporate world requires additional competencies, such as business acumen, strategic thinking, and the ability to manage complex workflows.

The Management Essentials Program fills this gap by offering participants a well-rounded education in business and management. It helps them understand corporate frameworks and equips them with the skills needed to excel in civilian roles. The program also fosters personal growth by encouraging critical thinking, problem-solving, and decision-making.

Program Legacy and Success Stories

The success of the 2024 cohort underscores the value of this initiative. Participants from the previous batch praised the program's practical relevance and transformative impact. Testimonials shared on platforms like LinkedIn highlight how the program helped military personnel develop new skills and explore new career opportunities.

The positive feedback and success stories set a high benchmark for future cohorts. Each new intake builds on previous achievements, continuing to empower members of the military community.

CONCLUSION

The Management Essentials Program by Milvest and the Sambhav Kadam Foundation, in collaboration with IIM Shillong, offers a unique opportunity for military personnel to develop essential business skills. With a blend of academic rigor, practical learning, and industry exposure, the program prepares participants to navigate the complexities of the corporate world with confidence.

This program is more than just a course—it's a journey of personal and professional transformation. Participants gain access to a prestigious academic platform, valuable networking opportunities, and a supportive learning community.

For those looking to upskill, grow, and transition into civilian roles, this program offers the perfect gateway to success.





Operations Excellence Fundamentals – Veterans



Transition Program







Grant Thornton



Partnering with the Industry Best MILVEST

a leading Global Consultancy, Grant Thornton has contributed significantly to curate learning programs for Veterans for last 3 yrs

1. Operations Excellence Fundamentals

30 Mar 2025 to 04 Jan 2026

well paced, 30 Hr, Certificate Program on operations Excellence - 10 sessions of 3 hrs each, on chosen key topics, once a month (online program - admissions are Open to all from military families)





2. Lean Six Sigma Green Belt

- gain in-demand industry knowledge
- Self-paced convenient online program with Certificate
- made accessible to every fauji & family at near-free cost by MILVEST
- #must-do for all, applicable for all, Enrol TODAY

3. Lean Six Sigma Black Belt

- gain industry valued expertise
- Onlive Live program with Expert Grant Thornton Consultants
- Batch (1) of 30 participants starts on 22 May, admissions open
 [Phase 1: 22 25 May 2025, Phase 2: 12 15 June 2025;
 Weekend 10 to 5 PM, Weekdays 6 to 11 PM]
- enrol Quickly: Get started and prepare well





4. Business Consulting Prep

- to be conducted in Qtr 3 (2025)
- a 16 Hr live online program
- -to orient selected participants on specific skills required for Consulting roles



READY TO TAKE THE NEXT STEP IN YOUR JOURNEY?

MANAGEMENT ESSENTIALS PROGRAM

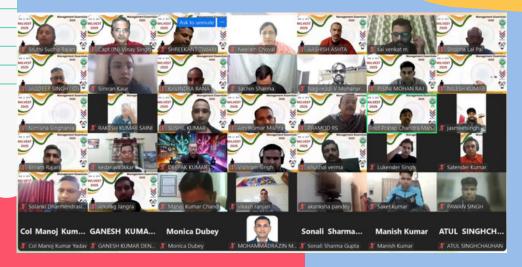
TODAY

UNLOCK YOUR POTENTIAL TO THRIVE IN THE

CORPORATE WORLD!

CLASSROOM Fun Time! 190

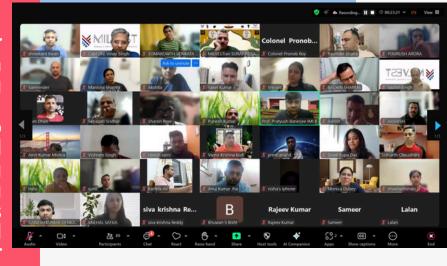
1900Hrs-2130Hrs



About Our Class

Sharing knowledge in our online class is always a fun and rewarding experience!

From lively discussions to breaking down real-world case studies, learning becomes more engaging when we exchange ideas with classmates. It's all about growing together while enjoying the journey!





Saluting the Valour, Courage, Sacrifice & Dedication of Women Officers in the Indian Armed Forces

On this special day, we raise our voice, To celebrate women who make a choice. Among them stand the fearless and strong, Whose courage and sacrifice we honour in song. In uniform, they stand with pride, Warriors of strength, with hearts open wide. They rise to the challenge, time and again, Defending our borders through sunshine and rain. Their spirits unbroken, their resolve never sways, In the face of adversity, they carve their own ways. From towering mountains to deserts so dry, They serve without question, reaching the sky. Through trials they face, they stand firm and tall, Answering the nation's call, giving their all. In every battle, through every storm, They guard our peace in every form. With honour, they march; with dignity, they lead, Their courage unwavering, in thought and in deed. In the air, on the ground, and the oceans deep, They safeguard ou<mark>r freedom, their promise to keep.</mark> This Women's Day, let us honour their might, The Indian Armed Forces, who fight the good fight. To the women officers, steadfast and true, We stand in awe of all that you do. Your sacrifices are countless, your bravery profound, Through every challenge, you stand your ground. Today, we salute you with respect and pride, For in your courage, our hopes reside. May your journey continue, fearless and bold, In your story, countless tales are told. On this day, we honour your grace and might, As you protect our future and defend our right. May the winds of respect always blow in your favour, For every woman soldier, we cherish and savour. This is your moment—your time to shine, For in your valour, we see the divine.

TIV

She Leads... celebrating Women-in-Military-Community

Featured Article by Sandhya Singh



On the occasion of International Women's day, "SHE LEADS" was conceived to honor women's leadership, courage, and determination. MILVEST, Sambhav Kadam Foundation conducted an interactive Webinar on the 09 March 2025, the two-hour event showcased inspiring success stories and insights from distinguished guest speakers.

The "SHE LEADS" event successfully brought together thought leaders professionals share to valuable perspectives on leadership and empowerment. The insights provided served as a guide for individuals striving to enhance their leadership capabilities and professional navigate challenges effectively. The discussions reinforced the significance of resilience, collaboration, innovation, and continuous learning in shaping future leaders.

time immemorial, women plaved a pivotal role in shaping societies, shouldering responsibilities in personal professional spheres alike. Every year, International Women's Day celebrates their contributions and resilience in overcoming challenges.

The theme 'She Leads' reflects a commitment honor to women's leadership the military in community. MILVEST aims showcase inspiring success stories, share insights from distinguished speakers, and promote networking opportunities to empower women transitioning into civilian careers.

Celebrating Women in Management Essentials

MILVEST and Sambhav Kadam Foundation have upskilled nearly 400 women in 2025 through various programs, including Management Shillong, Essentials by IIM PowerBI, Analytics, Excel. Business Analytics. These women dedication, balancing exemplify career aspirations, family, continuous learning

Conducted an interactive Webinar on Sunday 09 Mar 2025 On the occassion of International Women's Day

PANELIST'S AND TOPICS



Breaking a Glass ceiling: Paving the way for future Women Leaders

Ms Sonia Bout Sr. Vice President, Technical Projects Leading MNC

Emotional well being for a Career Woman

Capt Dr. Sukhwinder Kaur National Head, Facilities Leading MNC





Leading with Resilience from Armed forces to Corporate Leadership

Maj. Amrita Ojha Director, Leading Corporate E-Commerce



Mr. Ravi Kiran HR Leader Leading MNC





A MILVESTian journey of Transformation

Wg Cdr Steffi Bathla Veteran Leader Leading Global firm



Key Takeaways



Ms Sonia Bout Sr. Vice President, Technical Projects Leading MNC

Breaking a Glass ceiling: Paving the way for future Women Leaders

Ms. Sonia Bout shared her journey in a male-dominated industry, highlighting barriers like bias and lack of mentorship. She urged women to advocate for themselves, seek leadership training, and build negotiation skills. Emphasizing male allies' role, she encouraged women to take risks, challenge norms, and step into leadership with confidence.

- Confidence is key—women must assert their value and advocate for leadership opportunities.
- Building a network of mentors, sponsors, and allies is essential for career progression.
- Challenging gender biases requires perseverance and strategic negotiation.
- Women should embrace leadership roles with resilience, adaptability, and a clear vision.
- Organizations must promote inclusive leadership programs to bridge the gender gap.

Emotional well being for a Career Woman

Dr. Kaur highlighted the emotional challenges career women face, stressing the importance of well-being, boundary-setting, and mindfulness. She shared strategies for managing stress, imposter syndrome, and burnout while urging organizations to support emotional health for greater productivity and success.

- Prioritizing mental health is essential for sustained professional success.
- Women should establish boundaries to maintain work-life balance effectively.
- Mindfulness, meditation, and self-care car reduce stress and prevent burnout.
- Imposter syndrome can be overcome through self awareness and confidence building.
- Organizations should implement policies that support women's emotional well-being.



Capt Dr. Sukhwinder Kaur National Head, Facilities Leading MNC

Key Takeaways



Maj. Amrita Ojha Director, Leading Corporate E-Commerce

Leading with Resilience from Armed forces to Corporate Leadership

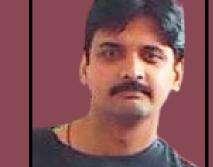
Maj Ojha shared her journey from military to corporate leadership, emphasizing discipline, adaptability, and strategic decision-making. She highlighted how military skills translate into business while addressing transition challenges. Encouraging resilience and lifelong learning, she urged women to embrace challenges as growth opportunities..

- Leadership requires adaptability—embrace change with confidence.
- Military skills, such as discipline and strategic thinking, enhance corporate success.
- Continuous learning and professional development are essential for career growth.
- Women should actively seek mentorship and networking opportunities in new fields.
- Career transitions are challenging but achievable with resilience and self-motivation.

Key Strategies for Women returning to Work

Mr. Nedunuri shared practical advice for women reentering the workforce, addressing skill gaps, confidence, and hiring biases. He emphasized staying updated, networking, and highlighting transferable skills. He also encouraged leveraging returnship programs and urged companies to support inclusive hiring.

- Upskilling is crucial continuous learning helps bridge career gaps.
- Confidence-building exercises and professional networking enhance job prospects.
- A well-crafted resume and interview preparation can make a significant impact.
- Exploring returnship programs and flexible work options can ease the transition.
- Employers must implement fair hiring practices that support returning professionals.



Mr. Ravi Kiran HR Leader Leading MNC

Key Takeaways



Wg Cdr Steffi Bathla Veteran Leader Leading Global firm

A MILVESTian journey of Transformation

Wg Cdr Bathla shared her journey from military to corporate leadership while balancing motherhood and career challenges. She emphasized perseverance, skill-building, and support systems in overcoming setbacks. Her story inspired women to embrace transitions with confidence and determination.

- Self-belief and perseverance are crucial in overcoming career challenges.
- Continuous learning and networking facilitate successful transitions.
- Resilience is key to handling rejections and setbacks.
- A strong personal and professional support system can provide essential guidance.
- Women should embrace new opportunities with courage and a growth mindset.

Future Programs of MILVEST

MILVEST plans to launch new initiatives aimed at providing continuous skill development for military personnel and veterans. These programs will focus on corporate transition, emotional well-being, and leadership training tailored for women returning to work.

The commitment to women's empowerment in military settings is an ongoing agenda with various collaborations. Organizations like MILVEST and the Sambhav Kadam Foundation are determined to sustain momentum through workshops, networking, and mentorship to foster professional growth.





Ghar-se-Fauj-se-Ghar Tak – A Journey of Dreams & Resilience

Reeta Joshi Profile ID - 2011010



When dreams take flight, the sky is the limit. My profession in the Indian Air Force was never just a job—it was a dream I lived. But dreams don't simply turn into reality; they demand relentless effort and unwavering perseverance.

As former President of India and the "Missile Man of India," Shri A.P.J. Abdul Kalam, once said:

"Dream, Dream, Dreams transform into thoughts, and thoughts result in action."

Dr. Kalam has been my inspiration ever since I first read Wings of Fire in middle school. With his words etched in my mind and a fierce determination to chase my dream, I cleared the SSB in a single attempt.

Becoming the first and, to date, the only woman in my family and extended relations to serve in the Indian Armed Forces—and the first female from my engineering batch to achieve this milestone—was a moment of immense pride. Serving the nation while fulfilling the ever-evolving demands of a career in uniform was an honor. But what we don't always foresee is the challenge of transitioning from a life of structured discipline to the responsibilities that come with raising a family.

The real test begins when we step into the civilian world after serving 10 to 14 years. The journey of "Ghar-se-Fauj-se-Ghar Tak" is anything but simple or seamless. As the renowned motivational speaker Jim Rohn once said:

"Your life does not get better by chance; it gets better by change."

I firmly believe that every change—when embraced with the right mindset—ushers in growth. Whether it was leaving home to join the Air Force or leaving the Air Force to return home to aging parents, each transition brought its own challenges. The key lies in how we adapt.

The final year of my service was the most challenging. While my peers were preparing for their corporate careers—enrolling in courses and securing job offers—I had similar aspirations. But life had other plans. Both my parents-in-law became critically ill, and eventually, we lost one of them. Around the same time, my house help had an emergency and left. I suddenly found myself juggling the responsibilities of caring for my critically ill in-laws, managing a demanding office appointment, and looking after my 20-month-old toddler—all with no external support. That year was emotionally exhausting. But in hindsight, it fortified me, preparing me for the transition that lay ahead.

It has been two months since I hung up my blues. For now, I have chosen to take a professional break. Strangely, it feels like I am on an extended leave, merely catching up on household tasks—something I had never truly done before. But in this phase, I have acquired an entirely new skill: the art of managing a household, a role millions of women master every single day, 24/7, without pause.

During my service, everything was seamlessly handled—house help, babysitters, neighborhood support, welfare teams. But now, I stand on my own, managing it all single-handedly. Surprisingly, I don't feel overwhelmed, because the challenges of my last year in service had already prepared me.

Yet, in the midst of all this, I have not stopped dreaming. Each day, I continue to aspire—to scale new heights, to expand my knowledge, and to embrace new opportunities. This drive led me to MILVEST, a platform that understands the unique challenges veterans face and curates programs that ease the transition into the corporate world while balancing family responsibilities. I am grateful to my coursemate, Wg Cdr Sakshi Tandon (Retd.), for inspiring me to join the MILVEST 2025 program, just as she did with MILVEST 2024.

Now that I have the time to explore life beyond aircraft and systems, I have encountered numerous women—both within my circles and beyond—who have faced, or are currently facing, similar post-retirement challenges. Some of them, once exceptional professionals with ambitious goals, have now paused their careers indefinitely. I can only hope that one day, these strong women will reignite their aspirations and resume their journey of chasing their dreams...



The Role of a Data Analyst: Turning Data into Insights



Simran Kaur Profile ID - 2011238

In today's digital era, data is ubiquitous. From the websites we visit to the products we purchase, every interaction generates vast amounts of data. However, raw data alone holds little value—it must be analyzed and interpreted to extract meaningful insights. This is where data analysts play a crucial role.

I have been working as a *Data Analyst at Publicis Sapient* since 2022. My primary responsibility is to analyze data, identify patterns, and transform them into actionable insights that drive informed business decisions. I utilize various analytical tools, including Power BI, Tableau, and Adobe Analytics, to develop reports and dashboards that simplify complex data for stakeholders. One of my most significant projects involved collaborating with Phillips 66, where I played a key role in migrating over 50 reports and 25 workflows from Tableau and Alteryx to Power BI. This transition enhanced the company's ability to derive faster and more accurate insights from its data. Currently, I work with the Learning & Training Department at my organization, supporting multiple teams by analyzing data and generating insightful reports.

Continuous learning and skill enhancement are integral to my professional growth. I have obtained certifications in Power BI and Azure, which have strengthened my expertise in data analytics. Additionally, I take great pride in collaborating with cross-functional teams, sharing knowledge, and mentoring aspiring professionals who wish to enter this dynamic field.

Looking ahead, I aspire to deepen my knowledge of artificial intelligence and automation, leveraging these advancements to enhance data analysis capabilities. My goal is to assume leadership roles where I can drive data-driven strategies and foster innovation in business decision-making.

Being a data analyst extends beyond working with numbers—it involves problem-solving, uncovering hidden trends, and making a tangible impact. I am eager to continue this journey, helping organizations harness the power of data to make smarter and more strategic decisions.









>>>>> Article by AGILE Acharya

to drive innovation and efficiency in their Agile and Scrum initiatives.

HOW AGILE RESHAPING THE INDUSTRY IN 2024

In an era where adaptability and speed are paramount for businesses to thrive, Agile has emerged as the primary approach for next-generation enterprises. Its significance cannot be overstated, especially when even Fortune 500 companies are turning to Agile to navigate the complexities of today's ever-shifting business landscape. Agile is more than just a buzzword; [it's a guiding light that empowers businesses to move swiftly, efficiently, and with a sharp focus on customer needs.

Here we going to shed light on why how Agile making our processes more efficient, adaptable, and above all, customer-centric for all sizes of organizations and industries. These Agile statistics provide valuable insights into its adoption, success rates, and tangible benefits, revealing the profound impact it's making in 2023.

Agile isn't merely a tool for software development; it's a strategy for achieving company-wide digital transformation. As we explore the Agile statistics, we'll uncover why 61% of companies have chosen the Agile path, seeking to improve software development processes and enhance overall delivery efficiencies while embarking on a journey of digital transformation.

But what truly sets Agile apart is its remarkable success rate, standing at the 80th percentile, surpassing traditional models like Waterfall and Iterative. As we delve deeper into these statistics, it becomes evident that Agile is the preferred choice for 4 out of 5 organizations.

What's more, Agile isn't just about efficiency; it's about driving revenue growth and increasing profits. An impressive 60% of companies have attributed their financial success to the successful implementation of Agile practices, which have also accelerated their time-tomarket goals.

As we journey through the years from 2016 to 2023, we witness Agile's evolution. What started as an emerging approach in 2016 has now become the gold standard for organizations across various departments, from IT to HR and marketing. Agile's transformative impact is evident in the significant adoption rates within organizations.

We'll explore how Agile has enhanced communication and collaboration between IT and business teams, improved software product quality, increased team productivity, and boosted the predictability of software product deployments. The statistics leave no doubt that Agile is more than just a methodology; it's a game-changer for businesses seeking growth, efficiency, and a competitive edge.

Agile has evolved from being just a buzzword to a cornerstone of modern business practices, driving innovation, adaptability, and success across various sectors. In this article, we will explore how Agile is not only influencing project management but also impacting organizational culture, technology integration, and overall business agility.



Agile Culture: Fostering Collaborative Excellence

In 2024, organizations will place an even greater emphasis on nurturing Agile culture. This culture values collaboration, transparency, and continuous improvement. Agile teams are encouraged to share ideas, iterate on processes, and learn from failures, creating an environment where innovation thrives. Companies are increasingly recognizing that an Agile culture isn't just about Agile methodologies; it's about fostering a mindset of adaptability and responsiveness at every level.

Scrum: The Backbone of Agile

Scrum, a widely adopted Agile framework, continues to gain momentum in 2024. Its simplicity and flexibility make it a valuable tool for project management. Teams using Scrum benefit from enhanced communication, shorter development cycles, and a clear focus on delivering customer value. As organizations strive for efficiency and effectiveness, Scrum remains a cornerstone of Agile methodology.

Lean Principles: Eliminating Waste and Maximizing Value

Lean principles, which complement Agile, will play an crucial role in reshaping industries in 2024. By eliminating waste and focusing on value stream optimization, organizations are achieving greater efficiency in their processes. Lean thinking is no longer confined to manufacturing but is being applied to various sectors, including software development, healthcare, and financial services.



DevOps and Continuous Delivery: Accelerating Innovation

In a fast-paced digital landscape, DevOps and Continuous Delivery are essential components of Agile transformation. These practices enable organizations to deliver high-quality software faster and more reliably. In 2024, DevOps will no longer be a choice but a necessity for those seeking to remain competitive in their respective industries.

Agile Transformation and Digital Transformation

Agile Transformation is a buzzword that has become synonymous with success in the modern business world. Organizations are realizing that true Digital Transformation requires an Agile mindset. In 2023, we are witnessing a shift towards integrated approaches where Agile principles are woven into the fabric of digital initiatives. This synergy ensures that businesses can adapt to the ever-changing digital landscape.

Business Agility: Staying Ahead of the Curve

Business Agility is at the forefront of organizational goals in 2024. Companies are acknowledging that the ability to pivot quickly and respond to market changes is critical for survival. Agile methodologies provide the tools to achieve this agility, allowing businesses to stay ahead of the curve and remain competitive in a dynamic environment.

Agile Project Management: The New Norm

Agile Project Management has become the new norm in 2023. Traditional project management approaches are being phased out in favor of Agile frameworks. The iterative nature of Agile allows for better risk management, improved stakeholder engagement, and the ability to adapt to changing project requirements, making it a preferred choice for project managers.

Conclusion

As we navigate the complexities of the "new work normal" in 2024, Agile stand as a beacon of adaptability, collaboration, and resilience. Whether in remote or hybrid work environments, with distributed teams, or in the pursuit of employee well-being and continuous learning, Agile continues to provide a framework for success. Organizations that embrace Agile principles and practices will be better equipped to thrive in this ever-evolving work landscape, shaping the future of work in the process.

FAOs

What are the key principles of Agile?

Agile is guided by the Agile Manifesto, which prioritizes individuals and interactions, working solutions, customer collaboration, and responding to change. It also emphasizes delivering valuable software frequently.

What are the different Agile frameworks?

There are several Agile frameworks, including Scrum, Kanban, Extreme Programming (XP), Lean, and more. Each framework has its own set of practices and principles tailored to specific needs.

How does Agile handle changing requirements?

Agile embraces changing requirements by encouraging close collaboration with customers and stakeholders. Changes are welcomed and can be accommodated at the end of each iteration.

What is the Agile mindset or culture?

The Agile mindset promotes values such as openness, transparency, collaboration, and a focus on delivering value to customers. It encourages teams to adapt, learn, and continuously improve.

Is Agile only for software development?

No, Agile principles can be applied to various industries and types of projects, not just software development. Agile has been successfully used in marketing, HR, manufacturing, and more.

How do you measure progress in Agile?

Agile measures progress through working software or deliverable increments. Key performance indicators (KPIs) like Time to Market (in Scrum) and lead time (in Kanban) can also be used to track progress.

What are some common challenges in adopting Agile?

Common challenges include resistance to change, lack of understanding or training in Agile principles, and difficulty in transitioning from traditional project management to Agile practices.

Can Agile work in large organizations?

Yes, Agile can scale to large organizations through frameworks like Scaled Agile Framework (SAFe), Large Scale Scrum (LeSS), and Disciplined Agile Delivery (DAD) to coordinate multiple Agile teams.





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POWERBI: A COMPREHENSIVE OVERVIEW

Power BI is a powerful business intelligence and data visualization tool developed by Microsoft. It enables users to connect to data sources, transform data, create interactive reports, and share insights across organizations. Below are its unique features, advantages, limitations, common use cases, and future developments:





Unique Features

- Data Modeling Power BI's data modeling process structures and organizes data to create meaningful relationships between different tables. It allows users to define calculations using DAX (Data Analysis Expressions) and optimize data for reporting and analysis.
- DAX Formulas Data Analysis Expressions (DAX) provide a powerful way to create calculations, measures, and tables, enhancing the analytical capabilities of Power BI.
- Power Query Power Query allows users to connect to various data sources, clean, transform, and load data from multiple sources before using it for reporting and analysis.
- Visualizations Power BI offers a wide range of visualization options, including charts, graphs, maps, and custom visuals. These graphical formats help users understand trends, patterns, and insights effectively.



Advantages

- Cloud-based and Collaboration Power Bl is a cloud-based service, making it easily accessible and scalable. It allows online sharing of reports and real-time dashboards accessible on web and mobile devices, facilitating teamwork and enabling quick, informed decisions.
- Integration Power BI integrates seamlessly with other Microsoft products, such as Excel, Dynamics, and Azure, enhancing its utility within Microsoft's ecosystem.
- User-Friendly Interface Power BI features a drag-and-drop interface with no coding required. Pre-built templates and visuals simplify the transformation of data into attractive dashboards.
- Powerful Data Modeling and Transformation - Power BI cleans and transforms raw data through Power Query and creates advanced calculations and measures using DAX, enhancing data analysis capabilities.



Limitations

- Complex DAX Learning Curve DAX in Power BI can be complex. Writing advanced calculations requires learning DAX, which can be challenging for beginners. It demands significant time and effort, especially for users without prior business intelligence experience.
- Data Size Limitations Power BI has data size limitations, which can impact performance and scalability for large datasets.
- Licensing and Cost Reports cannot be shared with others unless you have Power BI Pro or Premium licenses, which may increase costs for users or organizations.

Common Use Cases

- Sales and Marketing Analytics Power Bl is widely used for sales and marketing analytics, enabling businesses to track performance, identify trends, and optimize campaigns.
- Financial Analysis Power BI helps track financial performance, identify areas for cost reduction, and optimize budgeting and financial planning.
- Operational Analytics Power BI supports operational analytics by tracking performance, identifying improvement areas, and optimizing business processes.

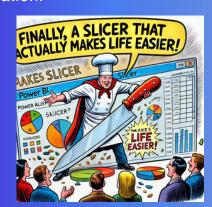


Best Practices

- Data Transformation Optimize data through queries in Excel or SQL before importing into Power BI. Load only required rows to reduce dataset size and convert columns to the smallest possible data type (e.g., Integer instead of Decimal).
- Data Modeling Create robust data models to enable advanced analytics and reporting, ensuring efficient data structure and performance.
- Visualization Use visualizations effectively to communicate insights and trends. Best practices include using simple and clear visuals, avoiding clutter, and limiting the number of visuals per page. Consistency in colors and formatting enhances readability.
- Performance Optimization To optimize performance, reduce data model size by using removing unused columns, summarized data, and turning off auto heavy date/time features. Avoid calculations in visuals; precompute calculations in Power Query or DAX where possible.
- Security and Sharing Restrict access to data based on user roles and ensure secure connections to local databases, maintaining data confidentiality and integrity.

Tools and Integrations

- Power BI Desktop A free, standalone application for creating and publishing Power BI reports.
- Power BI Service A cloud-based service for publishing, sharing, and collaborating on Power BI reports.
- Power BI Mobile Mobile applications for accessing and interacting with Power BI reports on the go.
- Microsoft Excel Seamless integration with Excel allows users to create and publish reports directly from Excel.
- Power BI Embedded Enables developers to embed Power BI reports into web applications and portals.
- Power Query A tool for data transformation and cleaning before analysis, enhancing data quality.
- DAX (Data Analysis Expressions) A formula language for creating custom calculations, enhancing data analysis capabilities.
- Integration Power BI supports integration with various data sources, Microsoft business tools, AI and machine learning features, and workflow automation.



Future Developments

- Artificial Intelligence (AI): Power BI is expected to incorporate more AI-powered features, enabling users to automate tasks, identify patterns, and predict trends.
- Machine Learning (ML): Power BI is also expected to integrate more ML-powered capabilities, allowing users to create predictive models and automate decision-making.
- Augmented Reality (AR): With the incorporation of AR-powered features, users will be able to visualize data in new and innovative ways.
- Real-Time Data Processing: Power BI is enhancing its real-time data processing and visualization capabilities to improve timely decision-making. This advancement will enable organizations to react promptly to market changes, customer behavior, and operational challenges, ensuring a competitive edge.





POWERBI FUN QUIZ

Why did the pie chart go to therapy?

It felt too divided!

What's Power BI's favorite music? Heavy DAX Metal! What did Power BI say to Excel?
"I have more power than you!"

What's Power BI's favorite workout?

Bar charts - Love lifting bars!

What's a Power BI developer's favorite drink?

Filtered coffee - Love filters!



MANAGEMENT ESSENTIALS 2024 INSIGHTS

PRESENTED THROUGH EXCEPTIONAL VISUALS CRAFTED BY THE 2025 POWER BI TEAM

REPORT (ANALYSIS & VISUALS) CREATED BY -



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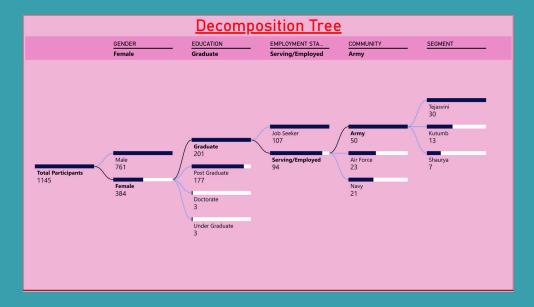


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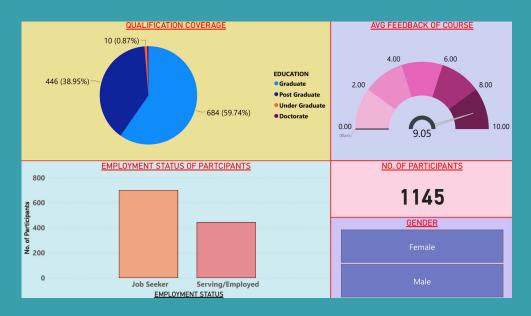


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2024 INSIGHTS FROM THE DASHBOARD



The Power BI dashboard offers a comprehensive analysis of the 1,145 certified MILVEST participants, with an especially noteworthy 384 female participants, underscoring the program's commitment to gender inclusivity and empowerment. This significant representation reflects MILVEST's pivotal role in fostering educational advancement and professional integration for women.



Academically, the majority of participants hold graduate degrees (684), followed by postgraduates (446), with only a limited number of undergraduates and doctorates. Employment statistics indicate a dual dynamic—107 job seekers navigating career transitions and 94 actively employed individuals enhancing their professional competencies.



The community composition reveals a dominant presence of Army personnel (535), followed by Navy (411) and Air Force (172), with prominent engagement from segments such as Shaurya (439) and Karmveer (337). The program's efficacy is further validated by an average course feedback of 9.05, with most participants assigning ratings between 8 and 10.



Demographically, the peak participation age is 30 years, with the youngest at 20 and the eldest at 70, reflecting a broad spectrum of professional and aspirational trajectories.

CONCLUSION

MILVEST is more than a learning platform; it is a transformative journey, bridging knowledge with purpose, ambition with opportunity, and experience with new beginnings. It fosters resilience, lifelong learning, and community empowerment, ensuring that every participant—especially women—finds a path to growth, leadership, and meaningful contribution.

Beyond numbers, its true impact lies in the unseen ripples of inspiration, mentorship, and empowerment it creates. MILVEST is an invitation to those who seek not just a career, but a calling—to step forward, embrace change, and become part of a legacy shaping the future.

"La Magique of Words"

In 1923, when international radio communication was in its infancy, the senior radio officer at the now-closed Croydon Airport - the first of its Kind in the world to employ an airtraffic control system - was asked to come up with an easily memorable word to indicate that an aeroplane had an amergency

It had to be easy to pronounce and easy to understand, even in emergency conditions or where transmission or reception is poor.

Frederick Stanley Mockford came up with "Mayday", which he derived from M'aidez, the Imperative Pronominal form of the French verb Aider or "To help".

Fun Fact:



The word "**mayday**" comes from the French term "**m'aider**", (a shortening of "venez m'aider"), which means "**help me**".

Vinti Gaur Pr<mark>ofil</mark>e ID - 2011<mark>038</mark>

A Second Inning: Balancing Motherhood and Upskilling with MILVEST 2025



Motherhood is often called a full-time job, but no one truly understands what that means until they are in the thick of it. As I write this, my newborn is sleeping next to me, her tiny fingers curled into my shirt, her rhythmic breathing a soothing background melody. I am a mother now—learning, unlearning, and embracing the chaos that comes with this beautiful phase of life.

But I am also a professional. A content strategist and marketer with over a decade of experience, I have spent years crafting narratives, building brand voices, and leading teams. And yet, when I stepped into motherhood, I found myself in unfamiliar terrain—where strategies are instinctive, deadlines are unpredictable, and the only audience that truly matters is the one in my arms.

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Rediscovering Myself with MILVEST 2025

When I decided to take a maternity break, I promised myself that I wouldn't let go of my professional aspirations. While caring for my little one, I wanted to make the best use of this time, not just as a mother but as an individual eager to grow. That's when I found MILVEST 2025 Management Essentials—a program designed to upskill professionals and help them stay relevant in an evolving industry.

My husband, a proud naval officer and a proud MILVESTian 2024, inspired me to take up this course, as he knows a mom can do everything. His belief in me, coupled with his own transformative experience with MILVEST, gave me the push I needed to invest in myself during this time.

Joining this course wasn't just about adding another certification to my profile; it was about reclaiming a part of myself that had been momentarily set aside. The transition from a corporate environment to being a stay-at-home mom was overwhelming, but MILVEST became my bridge—connecting my past expertise to my future ambitions.

The Juggle is Real

Attending classes with a newborn is not easy. There are days when I log in with my baby nestled in a wrap against my chest, hoping she will nap through a session. Other times, I am muting myself mid-lecture to soothe her cries. I have taken notes with one hand while rocking her with the other, and I have watched recorded sessions at odd hours when she finally settles into sleep.

But amidst the exhaustion, there is also immense joy. The sense of achievement when I complete an assignment, the rush of excitement when a concept sparks a new idea for my future career, and the support of fellow professionals who, like me, are navigating different life challenges while investing in their growth. MILVEST 2025 has not just been a course—it has been a community that understands, encourages, and empowers.



Looking Ahead: A Career Restart with Confidence

When I eventually step back into a fulltime role, I will do so with renewed confidence. **MILVEST** 2025 has sharpened my leadership, strategy, and management skills-ensuring that my career break does not translate into a skill gap. More importantly, it has given me a perspective resilience. new on adaptability, and the power of continuous learning.

Motherhood has taught me patience, empathy, and multitasking at a level I never thought possible. Coupling that with the structured learning from MILVEST, I feel prepared for my next professional chapter—one where I bring not just my decade of experience but also the newfound strength of a mother who has balanced both worlds.

To all the new moms out there wondering if they can have it all—the answer is yes, in your own way and at your own pace. Growth doesn't stop when motherhood begins. With the right opportunities, the right mindset, and the right support, we can redefine our careers while embracing the most rewarding role of our lives.

And for me, MILVEST 2025 has been that stepping stone—a reminder that this is not a pause, but a powerful second inning.

Women: Leading the Way Breaking Barriers, Building Futures

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Introduction

International Women's Day, celebrated annually on March 8th, is a global occasion dedicated to recognizing the social, economic, cultural, and political achievements of women. Beyond a celebration, it serves as a powerful reminder of the ongoing struggle for women's rights and the progress that remains to be achieved. It is also a call to action for accelerating gender equality worldwide.

Abstract

The 21st century has witnessed a significant shift from an androcentric society to a more egalitarian one. Modernization and the feminist movement have played a crucial role in advancing gender equality, securing women's suffrage, expanding access to education, and ensuring greater autonomy in marriage choices. Additionally, efforts toward pay equity have further contributed to social progress. Over the past few decades, strategic policymaking, progressive legislation, social activism, and advocacy have collectively led to substantial improvements in women's living conditions and societal status.

Keywords: Modernization, Feminism, Women, Gender Equality, Social Progress

History

The roots of International Women's Day (IWD) trace back to 1908, when 15,000 women in New York went on strike to protest low wages and poor working conditions in factories. In 1909, the Socialist Party of America organized the first National Women's Day, setting the stage for a broader movement.

In 1910, an international conference in Copenhagen, Denmark, advocated for women's suffrage and equality, leading to the first official International Women's Day in 1911, observed across several European countries. The movement gained global recognition when, in 1975, the United Nations officially declared March 8th as International Women's Day.

The Present Global Gender Gap

As of 2024, the global gender gap stands at 68.5% closed, meaning 31.55 remains unaddressed. At the current rate of progress, it will take an estimate 134 years to achieve full gender parity, according to the World Economic Forum's Global Gender Gap Report.

What can be done to close the global gender gap?





Women who broke barriers

- Savitribai Phule: India's first female teacher, who established the first school for girls in 1848.
- Kalpana Chawla: The first woman of Indian origin to travel to space.
- Arunima Sinha: The world's first female amputee to climb Mount Everest.

Successful Indian Women Entrepreneur

- Kiran Mazumdar-Shaw Founder & Chairperson, Biocon.
- Falguni Nayar Founder & CEO, Nykaa.
- Shahnaz Husain Founder & Chairperson, Shahnaz Herbals.

Women in Indian Armed Forces

Women have been serving in the Indian Armed Forces across various roles, including combat service support and non-combatant positions.

- As of 2023, over 7,000 women were serving in the Indian Army.
- Women are permitted to serve as pilots in the Army Aviation Corps.
- They are also being considered for Colonel (Select Grade) ranks and given command appointments.
- In 2021, a gender-neutral Career Progression policy was introduced, ensuring equal opportunities for women officers.

Conclusion

Women's empowerment is essential for building a just and equitable society, fostering economic growth, and driving sustainable development. Achieving true gender equality requires continuous efforts to eliminate barriers, address inequalities, and promote inclusivity across all sectors.





We deeply appreciate your incredible support and contributions during the launch. Your time and efforts mean the world to us.



We look forward to your continued participation and contribution in the near future. We hope you enjoyed reading this issue and that future editions will bring even more joy to the MILVEST family!









We look forward to your continued support and hope you enjoyed this issue.

Stay tuned for more joy with the MILVEST family!